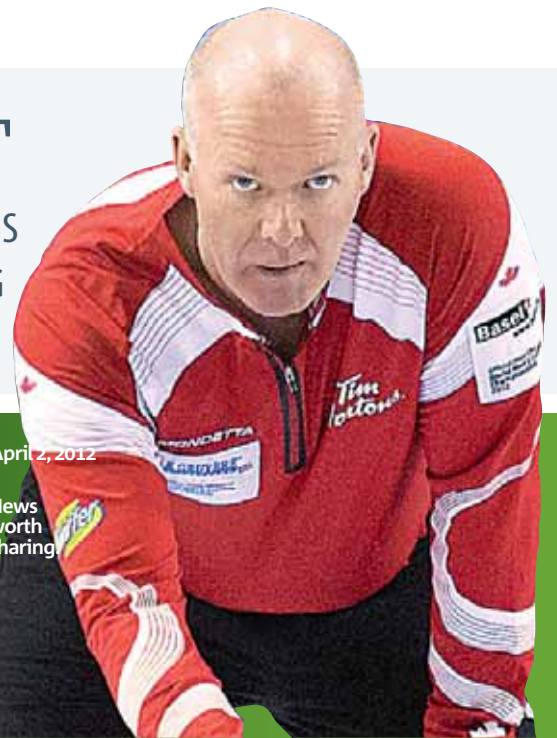


CO-OP WINES & SPIRITS
CALGARY
INTERNATIONAL
BeerFest 2012
BMO
Centre Halls D & E
@ Stampede Park
FRIDAY May 4
SATURDAY May 5
www.calgarybeerfest.com

STILL PERFECT

VETERAN SKIP GLENN HOWARD REMAINS UNBEATEN AT LOW-KEY MEN'S CURLING WORLDS IN SWITZERLAND

PAGE 29



CALGARY

metro

®

Monday, April 2, 2012



News worth sharing

metronews.ca | twitter.com/metrocalgary | facebook.com/metrocalgary

Toddler injured in 5-storey fall

Accident. Neighbour recounts awful scene on ground after incident in Beltline



JEREMY NOLAIS
jeremy.nola@metronews.ca

Piercing screams and chilling images left neighbours shaken Sunday after a Calgary toddler fell five storeys from an apartment bedroom window.

The accident took place

around 9:30 a.m. in the 700 block of 14th Avenue Southwest. A two-year-old girl was rushed to hospital with serious injuries, including a fractured skull, lacerated liver and collapsed lung.

Romulo Abadingo, who lives one floor below, heard sirens and rushed to his balcony to see what had happened.

"There was blood all over her mouth," he said. "We heard screams.... I quickly went inside because I couldn't stomach seeing the child."

Police investigators believed the girl had been left alone in the bedroom and was pressing on a window screen near her crib when it gave way.

"Given the height of the fall, our crews were just as concerned with the injuries we couldn't see as the ones we could," said Calgary EMS spokesperson Stuart Bri-deaux.

Brideaux added the accident serves as important reminder to parents to ensure windows are not accessible to young children.

Break out the greens

Spring calls for classic Greek salad with fresh ingredients

PAGE 19

Pass the bucket

You're not the only one who's sick of my Heart Will Go On

PAGE 17

Suu Kyi on the verge

If confirmed, election win will send Nobel laureate to Myanmar parliament

PAGE 8



FEIST RAKES 'EM IN

MORE JUNO COVERAGE, PAGE 16

Feist accepts the Juno Award for artist of the year at the gala in Ottawa Sunday night. The singer-songwriter also won awards for adult alternative album of the year for her fourth disc, *Metals*, and music DVD of the year for her documentary *Look at What the Light Did Now*. FRED CHARTRAND/THE CANADIAN PRESS

2012
2013
2014
2015
2016
2017

5 YEARS TO PAY*
No \$ down

**HAVE LASIK NOW.
TAKE UNTIL 2017
TO PAY!**



LASIK MD
VISION
LASER VISION CORRECTION

Starting at
\$490
/eye*

FREE Consultation: 1-877-554-9888

www.lasikmd.com

CALGARY

734 7th Avenue SW, Suite 900



*Financed financing starting at \$390 over 48 months, subject to Desjardins Card Services credit approval. *Prices are subject to change without prior notice and are in Canadian dollars. **\$1,000 Application fee, \$100 in fees only. Other conditions may apply.

1

NEWS

On the web

Check out our new website

Metro's thrilled to launch our new website with a reimagined, cleaner design and more content, including more special features from our team of staff across the country. In addition to the many changes at metronews.ca, we've launched sleek new native apps for the iPhone, iPad and Android. Be sure to download them and then head to metronews.ca.

Mobile news



Provocative new research might help explain why black women are more likely than white women to develop and die from cervical cancer. Scan the code for the story.



Brennan Kenney, 3, and his father, Nathan, enjoy their time together in Prairie Winds Park on Sunday. City officials worry funding shortfalls will have a negative impact on parks citywide in the years ahead. MEGAN MAHONEY/FOR METRO

Sounding alarm on city's parks

Report. Funding analysis finds \$2.3M operating shortfall for maintenance in city-owned green spaces



JEREMY NOLAÏS

jeremy.nolais@metronews.ca

Brown grass, unsightly shrubs and a longer wait for signage and fencing repairs are just some of the warnings being issued by city-park maintenance crews facing a multimillion-dollar budget shortfall.

A report coming to a city committee this week says funding for park upkeep is short \$2.3 million for the 2012-2013 fiscal year, and it

Background

- During budget deliberations last year, city council did draw \$1.8 million from the fiscal stability reserve to help with park maintenance over the next two years. But officials have found that funding will not serve to mitigate

the impact of the funding shortfall to the entire community.

- City administrators project receiving 235 hectares of unfunded park land from the development industry over the next three years.

projects the situation will become increasingly dire in the years ahead as additional land is gained from developers.

Ald. Shane Keating, who serves as committee vice-chair, deemed the findings a wake-up call and planned to address it during a meeting with city officials regarding

capital projects Monday.

"I will say I am disheartened in how we're operating them," Keating said of the parks. "We are building new parks all the time but we aren't doing life-cycle maintenance on the existing ones — we can't continue this."

Calgary mother Angela Dowell said she has already

noticed deteriorating conditions at parks in her neighbourhood.

"You don't want to bring your kids here because you don't know what they are going to step in and what they're going to touch," she said while taking in some sun at Prairie Winds Park on Sunday.

While not surprised by the shortfall, committee chair Ald. Dale Hodges said it creates an interesting dilemma for council.

"The tax rate has already been set for this year but over time — starting with next year — we have to look at what funding is being provided for parks maintenance and where changes need to be made," he said.

WITH FILES FROM MEGAN MAHONEY

Crime

Pair sought following weekend shootings

Two shootings in the same block kept Calgary police busy overnight Saturday.

Officers were first called to the 200 block of Whitehorn Road Northeast around 9:20 p.m. amid reports that two groups had been involved in a confrontation that left one man suffering from a gunshot wound.

Then, less than six hours later, a party inside the Whitehorn Community Centre turned violent after a group of six people entered the building and shot two men in the lower torso.

None of the injuries are believed to be life-threatening.

"We have no information to believe at this time that the two shootings are related. Of course, they were in very close proximity to one another, but it appears that is entirely coincidental," said police Insp. Chris Butler.

Whitehorn Community Association president John Arnold deemed the incidents "unfortunate," adding, "The police are very helpful when we do have concerns."

In connection with the shootings, police are looking for an East Indian man in his early 20s who is approximately six-foot-three and sports a vertical-letter tattoo across his chest.

They are also looking for a second East Indian man standing approximately five-foot-10 with short, spiky black hair.

Police are asking anyone with information to contact their non-emergency number or Crime Stoppers.

MEGAN MAHONEY/FOR METRO

BLAH

HURT

NUMB

ANGRY

ANXIOUS

DOWN

NOT
myself
TODAY

EVER HAVE DAYS WHEN YOU DON'T FEEL LIKE YOURSELF?

Find out why paying attention to those feelings is an important part of dealing with your mental health, and why mental health in Canada must change.



Scotiabank

partnersformentalhealth

TAKE THE PLEDGE AT NOTMYSELFTODAY.CA



\$50 FidoTRADE™ cashback* for any used phone

Bring in your used phone from any service provider and we'll add \$50 to its trade-in value when you activate a new phone¹.

OR GET A

\$75
cashback*
on a selection
of phones²

BlackBerry® Curve™ 8530
LG Keybo VX9100
LG Keybo2 VX9200
Motorola Rival A455
Samsung Link™ SCH-R351
Samsung Vice™ SCH-R561
and many more
to discover in store



Get the Fido ADVANTAGE™

FidoDOLLARS

FidoANSWERS



Discover the tab-free way

*Credit applied in-store against purchase price of phone and accessories (if applicable), no cash credit.

It's time to switch. Find a store or learn more at fido.ca



FIDO STORES

275 Shawville Blvd., Calgary
Chinook Centre, Calgary
CrossIron Mills, Calgary
Deerfoot Outlet Mall, Calgary

Market Mall, Calgary
Marlborough Mall, Calgary
Southcentre Mall, Calgary
Sunridge Mall, Calgary

Westbrook Mall, Calgary
Park Place Shopping Centre, Lethbridge
Medicine Hat Mall, Medicine Hat

Offers subject to change without notice, not available at all locations. A one-time \$35 Activation Fee applies; receive a credit for the entire amount of the \$35 Activation Fee on your invoice with new activation on a 2- or 3-year Fido Agreement. Device savings recovery fees and/or service deactivation fee apply according to the terms of your agreement. 1. Value of trade-in device, if any, determined using a third-party tool provided by Flipswap, Inc.; trade-in value is final and non-negotiable. Offer available to new Fido customers with purchase and activation of a Fido phone on a monthly plan. Credit will be applied in-store to the value of the new device purchased. If new phone price is less than credit amount, remaining credit must be used on concurrent purchase of accessories or credit will be lost. If you return your new device, your original device will not be returned to you and you will lose the value of the credit. Subject to the FidoTRADE Terms & Conditions, fido.ca/fidotrade. 2. \$75 bonus available only on models shown; see participating stores for complete list. © 2012

RCMP

Alleged threats spur host of charges

Cochrane RCMP were planning to lay charges against a Calgary man after he allegedly burst into an area home and began threatening the family of a former spouse Sunday. The accused's name has yet to be released. **METRO**

April Fool's

Wildrose prank elicits chuckles

Alberta's Wildrose party took a step away from the provincial election campaign with an April Fool's Day news release announcing plans to pursue a merger between Alberta and Saskatchewan. **METRO**



Wildrose party leader Danielle Smith. METRO FILE PHOTO

Energy consumption

Earth Hour sees little change

Figures gathered by Enmax during the Earth Hour event that asked citizens to turn off the lights late Saturday showed no noticeable change in power consumption in Calgary. **METRO**

Fatality

Woman charged in crash

RCMP have charged a 29-year-old Lacombe woman with drunk driving in connection with a crash Saturday that killed a 19-year-old teenager pushing a car. **METRO**

Avalanche

Crews search for possible victims

Rescue crews were searching for possible victims in an out-of-bounds area close to the Panorama ski resort near Invermere, B.C. after an avalanche Sunday. **THE CANADIAN PRESS**

U-Pass deal for all students pitched

Transit. Sticker on ID grants students unlimited transit use for an annual fee

ERIC FRASER
calgary@metronews.ca

SAIT student representatives are looking to drastically expand a program granting transit use for a reduced rate to those attending post-secondary institutions full-time.

Student president Steven Hildebrand doesn't approve of the long-debated U-Pass program as is and thinks it needs to be expanded for all students of the polytechnic.

"We are proposing a new model that includes part-time and apprentice students," Hildebrand said. "We would like to see a citywide agreement."

The U-Pass agreement between SAIT and the City of Calgary is negotiated every two years, with the next round of talks scheduled for June.

"Very few students in a practicum program get a U-pass, which makes getting around difficult," Hildebrand added.

Under the student body's proposed plan, the price of the U-Pass will drop to around \$50-60 per semester from \$110.

This contradicts what Mount Royal University (MRU) has done with their U-Pass pro-

U-Pass deets

- The U-Pass is typically only available to full-time students, defined at SAIT as those attending at least nine hours of classes on campus per week for an entire semester. At MRU, a student must be aiming to earn at least nine credits each semester.
- When the program was first introduced in 2001, SAIT students paid just \$35 per semester.
- According to statistics provided by the institutions, about 70 per cent of students at MRU rely on the U-Pass program and between 30-40 per cent of SAIT students find themselves in the same situation.

gram. According to Michelle Dennis, vice-president External of the MRU student body, the city offered a 6.5 per cent increase for the coming school-year and the school accepted it. Students will now fork out \$117 per semester.

At the University of Calgary, student representatives recently unveiled a U-Pass for spring and summer students at a cost of \$110, a rate consistent with what is offered for fall and winter learners.



University of Calgary student Chen Wei poses with her U-Pass on campus Sunday. ERIC FRASER/FOR METRO



CALGARY'S NEWEST PREMIER RECREATIONAL HOCKEY LEAGUE

★ ONE OF THE MOST COMPETITIVE "A" DIVISIONS IN TOWN! ★

★ Excellent ice times with no game starts past 10:45pm ★

★ All games throughout Calgary ★ Holidays are NO PLAY days! ★

★ Individuals invited to sign up - we'll build you a team! ★

Spring / Summer League

16 Game Season May-August

Fall / Winter League

30 Game Season / September-April

info@whhl.ca | 403.264.9848

WHHL.CA

League Sponsors








PREOWNED FLEET CANCELLATION SALE

80
2010 - 2012
PREOWNED
2500 AND 3500
GAS AND DIESELS
JUST ARRIVED



2011 CHEVROLET SILVERADO 2500 LT

7 TO CHOOSE FROM
ONLY 32 - 175KM

(THEY'RE BASICALLY BRAND NEW!)

6.6L V8 DIESEL, EXTENDED CAB, A/C, ONSTAR, PWR WINDOWS & LOCKS

STARTING AT
\$42,995 OR \$319 B/W

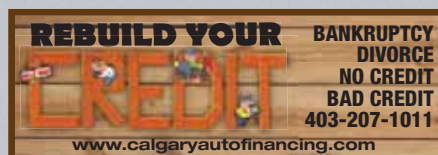


CANADA'S LARGEST PREOWNED SELECTION ONLY @ CMPAUTO.COM!

PAYMENT IS O.A.C. @ 6.99% FOR 84 MONTHS. TAXES AND FEES NOT INCLUDED. ERRORS AND OMISSIONS EXEMPT. VEHICLES ARE PREOWNED MAY NOT BE EXACTLY AS SHOWN.



1313 36 St. NE
Calgary, AB T2A 6P9
403-207-1000
www.cmpauto.com



- Manufacturer's warranty
- 150+ point inspections
- 30 day/2500 km no-hassle exchange privilege
- 24-hour roadside assistance

AMVIC LICENSED

FOLLOW US FOR NEWS, EVENTS, SPECIALS, PRIZES:



FREE MOBILE APP:





Thrilla on the Hilla goes to Liberals in three rounds

Conservative Senator Patrick Brazeau and Liberal MP Justin Trudeau fight in a charity boxing match for cancer research Saturday in Ottawa. Trudeau stopped Brazeau in the third round. Former Liberal prime minister Pierre Trudeau, Justin's father, died of prostate cancer, while Brazeau's mother succumbed to lung cancer. FRED CHARTRAND/THE CANADIAN PRESS

Health and safety

Feds looking to bury nuclear waste

The federal government is eyeing the site of the Chalk River nuclear reactor, 160 kilometres northwest of Ottawa, as a radioactive waste site.

Atomic Energy of Canada Ltd. says 267,000 cubic metres of low- and medium-grade nuclear waste is now stored above-ground in steel containers at the Chalk River site.

The amount of radioactive material is expected to grow to 360,000 cubic metres by 2100.

THE CANADIAN PRESS

Coffee crazed

Drive-thrus cause traffic jams?

Canadians lining up in their cars for a Tim Hortons fix are causing traffic snarls and headaches in cities across the country.

The problem has become

so bad in Saskatoon that one city councillor has proposed a ban on all future drive-thrus.

City transportation manager Angela Gardiner said it was brought up at a national transportation engineering conference last year. Traffic numbers for Tim Hortons greatly exceed the average for other fast-food outlets in Canada. THE CANADIAN PRESS

Potato farmer home from Lebanese jail

Seeking extradition.

N.B. man's lawyers, family expressed concerns about his deteriorating health

After more than a year in a Lebanese jail, Henk Tepper is finally home.

"I'm happy to be home," the New Brunswick potato farmer told a throng of reporters as he left the customs area at the Ottawa airport Saturday.

Tepper, who is in his mid-40s and from Drummond, N.B., has been in custody in Beirut since March 23 of last year.

He was picked up on an international arrest warrant on allegations he exported rotten potatoes to Algeria in 2007 and forged export documents.

A source close to Tepper says an Interpol red notice issued by Algeria remains in effect and the notice says he could face up to five years in prison if convicted of the allegations.

Tepper's lawyers have denied all of the allegations, saying the potatoes were inspected

Political inaction?

A number of public appeals, meetings were held to push for Tepper's return home.

- **Legal limbo.** Diane Ablonczy, Canada's minister of state for foreign affairs, issued a statement saying the federal government has been working behind the scenes to get Tepper released.

- **Not enough.** Tepper's family and Liberal politicians have criticized Ottawa's efforts to have him returned to Canada, accusing the feds of not doing enough.

in Canada before shipment and met Algerian standards.

Algeria also alleges that Tepper forged documents related to the export of potatoes from Quebec and Prince Edward Island. Tepper was arrested in Lebanon while on an agricultural trade mission to promote seed potatoes from Atlantic Canada.

THE CANADIAN PRESS

Stranded cruise ship reaches Malaysian shore after on-board fire



Passengers from the stricken cruise ship Azamara Quest, queue to check in at a hotel in Sandakan, Malaysia, Monday. MARK BAKER/THE ASSOCIATED PRESS

A luxury cruise ship stranded at sea for 24 hours because of a fire safely reached a Malaysian port where police and embassy officials stood by Sunday to help 1,000 people aboard, including 45 Canadians.

The Azamara Quest drifted off the southern Philippines after flames engulfed one of its engine rooms Friday, injuring five crew members. It restored propulsion the next night and

reached the harbour of Sandakan city in Malaysia's eastern state of Sabah on Borneo island late Sunday.

Two ambulances came out of the port shortly after the ship docked, followed more than two hours later around midnight by a fleet of buses taking passengers to hotels. Inside the buses, several people appeared tired, but many others smiled and one man waved to repor-

ters waiting outside the port.

It was the latest in a series of accidents hitting luxury cruise liners since January, when the Costa Concordia capsized off the coast of Italy, killing 32 people.

The fire on the Azamara Quest had been extinguished immediately, but five crew members suffered smoke inhalation, including one who was seriously injured and needed

hospital care, the ship's operator has said.

The 11-deck vessel, which features a casino, spa and shopping boutiques, was carrying 590 passengers and 411 crew members. Over one-third, or 201, of the passengers were American, according to lists of passenger and crew nationalities provided by the ship captain to the Philippine Coast Guard. THE ASSOCIATED PRESS



RBC Royal Bank

Lower debt. Increase happiness.

Save over \$700* by consolidating your higher interest debts.

RBC Royal Bank® has new online tools and resources to help you develop a concrete plan to lower debt and save money.

- Create your own customized **Debt Reduction Plan**
- Explore ways to simplify payments with our **Debt Consolidation Calculator**

Get started today at rbc.com/smile



Or scan here using your mobile device to learn more.

Advice you can bank on™



*Based on \$12,200 fixed rate loan at 8% per annum with a 26 month amortization. Savings example is calculated by consolidating credit card balances of \$3200 @ 19% per annum with monthly payment of \$150/month, and \$1000 @ 25% per annum with monthly payment of \$100 and loan of \$8000 with 3 year term @ 9% per annum with monthly payment of \$265/month. The interest rate is subject to change at any time without notice. The rate is used for illustrative purposes. Personal Lending products and residential mortgages are offered by Royal Bank of Canada and are subject to its standard lending criteria. ©/™ Trademark(s) of Royal Bank of Canada. RBC and Royal Bank are registered trademarks of Royal Bank of Canada.

▶▶ FUTURE SHOP © MD exciting stuff

Go, big screens, go!

55" LED



Great DEAL!

▶▶ 999⁹⁹



55" LV4400 Series LED HDTV[®]
120Hz technology is great for watching sports, action movies and gaming.

SSLV4400 WebID: 10183018

1080p

120Hz

1 x USB Media Port

59" PLASMA



Save \$250

▶▶ 1199⁹⁹



59" D550 Series 3D Plasma HDTV[®]

PN59D550CFXZC WebID: 10166978

1080p

600Hz

Wi-Fi Ready

7" TABLET



▶▶ 199⁹⁹

BlackBerry PlayBook

16GB BlackBerry[®] PlayBook[™] Tablet With Wi-Fi
PlayBook 16GB WebID: 10166454

Now with OS 2.0.

1GHz dual-core processor

16GB storage

3.0MP front facing and 5.0MP rear facing cameras supporting 1080p HD video

15.6"

Future Shop Exclusive



Special Buy.

▶▶ 499⁹⁹



acer

Laptop Featuring 2nd Generation

Intel[®] Core[™] i3-2350M processor

AS5750-6418 WebID: 10191975 One per household. No rainchecks.

8GB RAM

1 TB HDD

Store all your rich media content such as videos, music, movies, photos with a super large 1 TB hard drive storage.

Available colours:



Save \$45

▶▶ 159⁹⁹ Each Package

Nikon DURACELL

16.0 Megapixel Digital Camera

and 8GB SDHC Memory Card

• 10x optical zoom, 25mm wide-angle lens

• 720p HD video with stereo sound

SG200 WebID: 10179413 / 09 / DU-SD-8192-C WebID: 10099696

Available colours:



▶▶ Includes Marley headphones.

Apple Authorized Reseller

8GB iPod touch and Marley Headphones

• New iOS 5 operating system

MC540C/A / MD057C/A

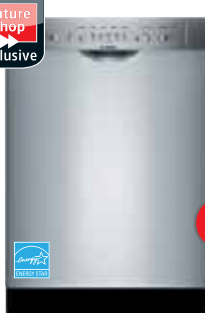
WebID: 10153660 / 10178768

EMJED00L1 WebID: 10177046

▶▶ 224⁹⁹ Each Package

Save \$25

Future Shop Exclusive



BOSCH

Tall Tub Built-In Stainless Dishwasher

• Four cycles

• Sanitize option

• Side mount silverware basket

SH3ARLSUC WebID: 10176407

▶▶ 549⁹⁹

Save \$100

Visit us at our newest location.

Macleod Trail SW

7337 Macleod Trail SW

Calgary, AB

T2H 0L8

73 Ave SW



Macleod Trail S

Get it for less, guaranteed.™ We will beat any competitor's advertised price by 10% of the difference. Ask a Product Expert for details. Some conditions and exclusions apply.

Prices and product in effect March 30 - April 5, 2011. References to savings or sale prices are comparisons to Future Shop regular prices. Prices and payments are subject to applicable taxes before programming credits. [®] Requires an HD source, such as an HD satellite or cable box.

[©] Wireless dongle required for Wi-Fi feature. **ADVERTISING POLICY:** Some products in this ad may be slightly different from illustrations. Not all products are available in all stores. Future Shop is committed to accurate pricing. Website prices, products, and promotions may differ from our retail store offerings. Future Shop reserves the right to correct errors. Special offers cannot be combined or applied to previous purchases. We reserve the right to limit quantities. Terms and conditions subject to change without notice.



PRESENTS

THE PERFORMERS

FEATURING

0% FINANCING FOR UP TO 84 MONTHS ON SELECT MODELS OR UP TO \$11,000 IN DISCOUNTS ON OTHER SELECT MODELS

PLUS FOR TODAY ONLY

\$500 OFF

ON ALL NEW NISSAN VEHICLES

ONLY AT SUNRIDGENISSAN.COM

120243

2012 NISSAN TITAN CREW CAB

5.6L V8, AUTO, 4x4, PWR LOCKS & WINDOWS, ABS

\$35,028 OR \$233 B/W
0.9% FOR 84 MONTHS



120555

2012 ALTIMA SEDAN

A/C, MULTI-FUNCTION REMOTE, PWR LOCKS & WINDOWS, ABS

\$23,893 OR \$148 B/W
0% FOR 84 MONTHS



120235

2012 NISSAN SENTRA

PWR LOCKS & WINDOWS, ABS, STABILITY & TRACTION CONTROL

\$16,945 OR \$94 B/W
0.9% FOR 84 MONTHS



120795

2012 NISSAN ROGUE AWD

PWR LOCKS & WINDOWS, ABS, STABILITY & TRACTION CONTROL

\$25,228 OR \$145 B/W
0% FOR 84 MONTHS



* O.A.C. TAXES AND FEES NOT INCLUDED. ERRORS AND OMISSIONS EXEMPT. VEHICLES MAY NOT BE EXACTLY AS SHOWN.

SUNRIDGE NISSAN
NISSAN Commercial Vehicles

3131 32 Ave NE, Calgary, AB
403-291-2626 sunridgenissan.com



THE ORIGINAL
KING OF CREDIT
CALL JOIN NOW
DRIVE TODAY!
403-999-9283
CREDITKINGCALGARY.COM



FOLLOW US FOR NEWS, EVENTS, SPECIALS, PRIZES:



FREE MOBILE APP:



metro

08

metronews.ca
Monday, April 2, 2012

Aung San Suu Kyi's supporters in Yangon, Myanmar, erupt in euphoric cheers Sunday after learning she had won a parliamentary seat in a landmark election. ALTAf QADRI/THE ASSOCIATED PRESS

Aung San Suu Kyi wins Myanmar parliament seat

Election. Supporters celebrate as iconic democracy campaigner wins political office

She struggled for a free Myanmar for a quarter-century, much of it spent locked away under house arrest. The Nobel Peace Prize laureate, whose non-violent campaign for democracy at home transformed her into a global icon, is now on the verge of ascending to public office for the first time.

Aung San Suu Kyi, 66, was elected to parliament Sunday in a historic victory

Reaction

"Even the most repressive regimes can reform, and even the most closed societies can open."

Hillary Rodham Clinton
U.S. Secretary of State

buffeted by the jubilant cheers of supporters who hope her triumph will mark a major turning point in a nation still emerging from a ruthless era of military rule.

If confirmed, the election win will also mark an astonishing reversal of

fortune for a woman who became one of the world's most prominent prisoners of conscience.

When she was finally released in late 2010, just after a vote her party boycotted that was deemed neither free nor fair, few could have imagined she would make the leap from democracy advocate to elected official in less than 17 months, opening the way for a potential presidential run in 2015.

The results must be confirmed by the government's electoral commission, however, which may not make an official declaration for days. **THE ASSOCIATED PRESS**

Ice fishing

675 rescued from Russian ice floe

Russia's emergency services rescued 675 fishermen on Sunday from an ice floe that was drifting out to sea in the far east of the country.

None of the rescued ice fishermen required medical treatment, the emergency services on Sakhalin Island said. About half of the 675 fishermen were picked up by helicopters and the others by boat. Ice fishermen routinely get stranded on ice floes in Russia, especially as temperatures rise in spring. Sunday's operation was unusual only in the high number that had to be rescued.

THE ASSOCIATED PRESS

Istanbul conference. 70 countries pledge cash for Syrian rebels

A coalition of at least 70 countries pledged on Sunday several million dollars a month and communications equipment for Syrian rebels and opposition activists, signalling deeper involvement in the conflict amid a growing belief that diplomacy and sanctions alone can't end the regime's repression.

"If (Syrian President Bashar) Assad continues as he has, to fail to end the violence ... then it's unlikely he is going to ever agree," said U.S. Secretary of State Hillary Rodham Clinton. **THE ASSOCIATED PRESS**



A Syrian boy flashes the victory sign during a demonstration in Idlib, Syria. **THE ASSOCIATED PRESS**

Calgary. Welcome to the future of fast.



The fastest mobile network technology on the planet is coming to Calgary. This kind of speed will put an end to buff...buff...buffering. With Canada's fastest and largest LTE network,¹ you'll be able to download movies in the blink of an eye, stream live HD sports, and play online games in real time without any lag.

So fasten your seatbelts. And get ready to go faster than you ever imagined.

LTE-ready plans starting from **\$5/mo**
Includes all monthly fees*

LTE
beyond 4G

Creating World-Leading Internet Experiences

Rogers LTE network available in select Canadian cities. Visit www.rogers.com/coverage for details.

CALL 1-888-ROGERS1
CLICK rogers.com/LTE
VISIT your local Rogers Store



¹ Within Rogers LTE network footprint. Based on tests comparing data throughput speeds and on geographic coverage area comparison (in square kilometres) to Bell and Telus' LTE networks. See rogers.com/coverage for full details on Rogers LTE network coverage.
*Pricing includes all monthly fees payable by customer. A credit in the amount of the Government Regulatory Recovery Fee will be applied to customers account each month. The Government Regulatory Recovery Fee (GRRF) varies by province and ranges from \$1.93-\$2.93/line/month for data only plans (\$1.93 AB/BC/MB/ON/NB/NS/PEI/Sask, \$2.93 NL). It is applied to help fund fees, costs, and other amounts related to federal, provincial and/or municipal mandates, programs and requirements. It is not a tax or charge the government requires Rogers to collect and is subject to change. See www.rogers.com/regulatoryfee for details. Where applicable, additional data, roaming, options and taxes are extra and billed monthly. TMTORONTO BLUE JAYS and all related marks and designs are trademarks and/or copyright of Rogers Blue Jays Baseball Partnership © 2012. Used under license. ©2012 Rogers Communications.

Anti-tax protest

1M households in Ireland fail to pay property tax

Debt-mired Ireland is facing a revolt over its new property tax. The government says 1 million of the country's 1.6-million households have failed to pay the annual charge by Saturday's

deadline. About 5,000 anti-tax protesters marched through central Dublin to the conference of the governing Fine Gael party. They denounced government leaders as snakes and dictators, and tried to block party members from entering or exiting the building. Prime Minister Enda Kenny says the public has a right to protest, but those who refuse to pay will end up paying more in penalties.

THE ASSOCIATED PRESS

Market Minute



DOLLAR
100.25¢
(-0.08¢)

Natural gas: \$2.12 (-2.6¢) per 1,000 cubic feet
Dow Jones: 13,212.04 (+66.22)



TSX
12,392.18 (+53.18)



OIL
\$103.02 US (+0.24¢)



GOLD
\$1,671.90 US (+\$17.00)

Swiss investigation

German tax inspectors accused of 'espionage'

Swiss authorities have issued arrest warrants for three German tax inspectors over the purchase in 2010 of a CD containing data on suspected tax cheats, according to a German newspaper — in-

furiating a German state governor. The Bild am Sonntag newspaper reported Saturday that the Swiss accused the officials of "economic espionage" in a letter to authorities in the German state of North Rhine-Westphalia. It quoted state governor Hannelore Kraft as saying that the move was "monstrous." "The tax inspectors were only doing their duty to chase German tax cheats," Kraft added.

THE ASSOCIATED PRESS

High time to tax the rich fairly: Obama

Buffett Rule. Push for new taxation comes as millions of Americans prepare taxes for April filing deadline

U.S. President Barack Obama is calling on Congress to increase taxes on millionaires, reviving a proposal he first pitched last September that aims to draw sharp election-year lines between the president and the Republican opposition.

The plan, scheduled for a vote in the Democratic-controlled Senate on April 16, stands little chance of passing in Congress. But it is a prominent symbol of the efforts the president and congressional Democrats are making to portray themselves as champions of economic fairness. Republicans dismiss the idea as a political stunt with little real effect on the budget.

"We don't envy success in this country. We aspire to it," Obama said in his Saturday radio and Internet address. "But we also believe that anyone who does well for themselves should do their fair share in return, so that more people have the opportunity to get ahead — not just a few."

Obama calls the plan the "Buffett Rule" for Warren Buffett, the billionaire investor who has complained that rich

Tax rates

"Warren Buffett is paying a lower rate than his secretary. Meanwhile, over the last 30 years, the tax rates for middle-class families have barely budged."

U.S. President Barack Obama, on ending tax cuts for the wealthy

people like him pay a smaller share of their income in federal taxes than middle-class taxpayers. Many wealthy taxpayers earn investment income, which is taxed at 15 per cent. Obama has proposed that people earning at least \$1 million annually — whether in salary or investments — should pay at least 30 per cent of their income in taxes.

The push draws renewed attention to the effective tax rate of Republican presidential front-runner Mitt Romney, a millionaire who is paying 15.4 per cent in federal taxes for 2011 on income mostly derived from investments. By contrast, the top nominal rate for taxpayers with high incomes derived from wages, not investments, is 35 per cent.

The president encouraged listeners to pressure their members of Congress "to stop giving tax breaks to people who don't need them." THE ASSOCIATED PRESS



Revamped Burger King menu courts healthier eaters

A diner orders food at a Burger King restaurant in Miami. Burger King launches 10 menu items including smoothies, frappes, specialty salads and snack wraps Monday — its biggest menu expansion since the chain opened its doors in 1954. Burger King is the latest chain to revamp its menu as part of the fast-food industry's move away from its nearly single-minded courtship of young men. Once the lifeblood of the industry, the economic downturn hit those junk food fanatics particularly hard. At the same time, Americans' generally have been demanding healthier options.

LUIS M. ALVAREZ/THE ASSOCIATED PRESS

Fuel-tanker strike? U.K. quells mad rush to pumps

Britain's government has moved to stop panic buying at gas pumps, telling motorists there is no need to fill up their tanks as previously stated. The new advice caps several days of confusion, which even supporters of the ruling Conservative Party say has dented its leadership credentials.

Things went wrong shortly

after Britain's Unite union threatened to pull off a fuel-tanker strike that could still leave thousands of service stations drained of gasoline. Such strikes can have serious political consequences in Britain, where gasoline prices are already among the highest in Europe.

THE ASSOCIATED PRESS

Market survival. A leaner, specialized future for RIM

Smaller, more efficient, sharply focused: that's likely the RIM of the future. Having grappled with the giants of the smartphone industry and received a battering in financial and marketing terms, Research In Motion will likely emerge a specialized company that doesn't compete head-on in the consumer smartphone mar-

ket with Apple or Android devices, analysts said Friday. After Thursday's dismal quarterly results, the BlackBerry maker announced plans to rebuild, while considering options, including selling. The new RIM will likely focus on catering to businesses that value bulletproof security and efficient enterprise software. THE CANADIAN PRESS



In this Jan. 24 file photo, citrus entomologist Mamoudou Setamou, holds an orange that's showing signs of citrus greening disease in a grove in San Juan, Texas. NATHAN LAMBRECHT/THE MONITOR/THE ASSOCIATED PRESS

Industry threat. Citrus disease spreads to California

A citrus disease that has killed millions of citrus trees and cost growers billions of dollars across Florida and Brazil has been detected in California, despite the industry's best efforts to keep it at bay.

After a week of testing, the U.S. Department of Agriculture confirmed Friday that citrus greening was detected in a lemon-grapefruit hybrid tree in a residential neighbourhood of Los Angeles County. Sales and shipments of citrus trees within a 8-kilometre radius of the

tree were due to be suspended Saturday. The disease stands to threaten not only California's nearly \$2-billion citrus industry, but treasured backyard trees throughout the state.

"Huanlongbing is called the world's worst disease of citrus," said Dr. Robert Leavitt of the California Department of Food and Agriculture. "It had been present until now in all of the world's major citrus producing areas — except California."

The bacterial disease is car-

ried by the Asian citrus psyllid and attacks a tree's vascular system, producing bitter fruit and eventually killing the tree. Sap-sucking psyllids that feed on an infected tree become carriers of the disease.

It is not a threat to humans. "It's disappointing," said Joel Nelson of California Citrus Mutual. "Now we'll see if this great program that we believe we have in place is going to work."

State officials were working on a larger quarantine that

would extend into northern Orange County. The closest commercial grove is 22.5 kilometres away from the infected tree.

Detection of the disease has been state citrus growers' fear since the bug first crossed into San Diego County from Mexico in 2008. Despite 25 years of worldwide research, there still are no biological or genetic controls for the disease.

The disease is present in Mexico and across the southern U.S., but nowhere is the

problem more severe than in Florida, where the disease first appeared in 2005. The University of Florida estimates it has cost 6,600 jobs, \$1.3 billion in lost revenue to growers and \$3.6 billion in lost economic activity.

The pest and the disease also are present in Texas, Louisiana, Georgia and South Carolina. The states of Arizona, Mississippi and Alabama have detected the pest but not the disease.

THE ASSOCIATED PRESS

WIN A FLORIDA CONDO

MMG is teaching Canadians how to buy **U.S. Real Estate at rock bottom prices...and to PROVE it,** they are giving away a condo in beautiful, warm Florida!

ATTEND
MILLIONAIRE
MENTOR
GROUP'S FREE 2
HOUR SEMINAR



\$51,323 PROFIT First Deal!

"We didn't know anything about real estate until we met mmg a few months ago.

We invested \$100K into 3 condos and made a quick flip for 51K profit" — Mary and Lou V.



You don't need cash, credit or experience to take advantage of the incredible opportunity. You just need the desire to own your own personal real estate **CASH COW**. Attend this FREE 2 hour seminar and find out how you can own up to 10 investment properties in the U.S. for pennies on the dollar. Why not put \$30,000 in your pocket each month? **Take advantage of the U.S. GOLD RUSH** just like so many other fellow Canadians.

At this **FREE 2 hour seminar** you'll learn how to spot, finance and create instant cash flow on any one of many MLS properties available.

Learn How to Access Condos in Florida, Arizona & Las Vegas at Free Seminar



Apartment Building
"30 units"
Extreme Price Reduction
\$130,000



Condo in ORLANDO
2 bed, 2 bath
Extreme Price Reduction
\$30,000



Condo in ORLANDO
1 bed, 2 bath
Extreme Price Reduction
\$30,000



Condo in KISSIMMEE
2 bed, 2 bath
Extreme Price Reduction
\$31,800



Condo in Las Vegas
2 bed, 2 bath
Extreme Price Reduction
\$34,000



Condo in Las Vegas
2 bed, 2 bath
Extreme Price Reduction
\$29,900

CONDO GIVEAWAY!

Register and attend a seminar and you will automatically be entered into our condo giveaway contest for a chance to win a condo in **Orlando, Florida**



(Subject to the terms and conditions of the official contest rules and regulations.) One Grand Prize of a Condo in Florida available to be won. Approximate retail value of the grand prize is \$32,000 US (entrants responsible for certain fees.) The chances of winning depend on the number of eligible entries received. Contest closes September 8th, 2012 5:00 pm. EST. Participants must correctly answer a skill-testing question in order to win. Contest open to residents of Canada who are the age of majority in their province of residence. NO PURCHASE NECESSARY. Entrants can also enter online and read official contest rules and regulations at www.millionairementorgroup.com/contests.

FREE HOT LIST!

when you attend



MILLIONAIRE MENTOR GROUP PRESENTS...

CALL 1.866.402.5933

register online at www.PublicNotice.ca

CALGARY
Friday, April 13
2 pm or 7 pm

SANDMAN HOTEL CALGARY
CITY CENTRE
888 Seventh Avenue SW

CALGARY
Saturday, April 14
10 m or 2 pm

DELTA CALGARY
AIRPORT HOTEL
2001 Airport Road NE

SPRING'S HERE, THE SMELL OF DOO-DOO'S IN THE AIR



**HIGH PLAINS
DRIFTER**
James Callisen
calgary@metronews.ca

Our city is in the final stages of one of the foulest, smelliest and most unforgivable seasons of the year. A time when the snow melts away to reveal a menace that

reminds us all of how gross, lazy and ignorant mankind can be. Take a walk along any well-trodden pedestrian thoroughfare in a residential area and you'll see it, smell it and likely become disgusted by it.

I'm talking about doggie doo-doo. It's No. 2 from man's No. 1. And after several months of free rein in the snow, only to be covered up by more snow, the laziness exhibited by so many of this city's dog owners has come to assault virtually every sense in the human body in these wonderful, early days of spring.

I am a proud dog owner. My retired racing greyhound, Fortress, is one of my best friends. There's nothing I love more than walking with my pal on a beautiful day in my favourite city, soaking in the sights and enjoying the company of my canine companion. However, every time Fortress needs to do a No. 2, I'm right there with a baggie. It's my job. It's a contract every dog owner in this city signs, like it or not, the minute they take a pooch into their care and walk it within city limits. When that dog needs to

Bag it

"It's a contract every dog owner in this city signs, like it or not, the minute they take a pooch into their care and walk it within city limits."

do its business, it's your business to pick up after it.

Every spring, it never ceases to amaze me that, after the snow melts, I'm left with a horrible scent — and a treacherous walk — along the pathways in my neighborhood, all because dog owners are too lazy, or consider themselves too good, to pick up after their pets.

Large, burly men with pit bulls refusing to stoop to that level. Tiny trophy wives with tinier teacup poodles who won't cop to the job. Elderly couples with matching wiener dogs who refuse to open a bag and carry their dogs' waste to the nearest trash can.

The problem is so rampant I honestly believe that the city's Bill Bruce and his fine men and women in bylaw services could rake in a significant civic income if they decided to take two weeks to police those who refuse to pick up after their pets. Clearly, owners don't get the message, so I guess we the people have to let them know.

Canine lovers of Calgary, please don't ruin the great outdoors for everyone. Pick up after your pets. And if you believe you're too good to pick up after a dog, you're not good enough to own one.

April Fool's. WestJet introduces 'Kargo Kids'

WestJet took part in April Fool's Day celebrations Sunday by posting a gag video entitled WestJet Introduces Child-free Cabins.

Touting its so-called Kargo Kids program, the video outlines how the Calgary-based airline will allow parents to travel kid-free by putting the youngsters in cargo with luggage.

In a friendly, straightforward tone, Richard Bartrem, vice-president of communications at WestJet, says the benefits of the program include a "state of the art feeding trough" and lots of room for them to "run, play, scream and eat all they

On the web



If you can check your bags, you can check your kids. Watch the video.

want."

The comments are just as funny and noteworthy as the video itself. Many people said they actually like the idea.

DELIA MACPHERSON/FOR METRO

Global awareness looks bright



MARKUS SCHREIBER/THE ASSOCIATED PRESS

Earth Hour

150 countries dim the lights

Volunteers of the World Wide Fund for Nature set their own candles amongst about 5,000 others to picture the globe prior to Earth Hour in front of the Brandenburg Gate in Berlin on Saturday. Earth Hour takes place each year and is a global call to turn off lights for 60 minutes in a bid to highlight global climate change.

THE ASSOCIATED PRESS

Quoted

"We didn't really know how it would go when it first started, but each year we have more and more countries and cities and communities join on."

Zoe Caron, a spokeswoman for the World Wildlife Fund's Canadian operations

Asong for action

- The new Earth Hour Anthem, When the Lights Go Down, was sung by crowds in Toronto to celebrate Earth Hour.
- The WWF calls it Canada's first ever crowd-sourced song. It was created from lyrics submitted and voted on by Canadians across the country.

National effort

511

The World Wildlife Fund Canada said 511 Canadian cities and towns participated in this year's event — the most ever.

Pro Fit Sports Gear makes generous donation to get Airdrie Lightning back on the ice

News Worth Sharing

Media will always have to report on the tough stuff. But we know that Canada is full of compassionate individuals, inspiring projects and stories worth celebrating. Here's just one.

It's a sporting life, after all.

The Airdrie Lightning novice ice team bowed out of the

playoffs following the theft of their jerseys from the back of their coach's van, a devastating blow to the team of seven- and eight-year-old athletes.

But Aaron Dubois, co-owner of Pro Fit Sports Gear in Vancouver, British Columbia wanted to show the Airdrie, Alta., team that sportsmanship should never be underestimated.

He donated a set of red

sweaters (the team's colours) to the team in hopes of helping them get back on the ice as soon as possible.

"My life has been shaped and moulded with sports and the hard work I see men, women, boys and girls put into their efforts to make great personal strides is very inspiring," says Dubois.

Airdrie establishments also pitched in to fund a new

set of jerseys for the boys. Game on!

CRAIG AND MARC KIELBURGER

Email us for more information and to get involved. Help the good news get around. Send your stories of local heroes and positive action to goodnews@metowe.com and we'll share them right here.

WagJag.com

DEAL OF THE DAY!

GET DEALS ON YOUR PHONE:



Buy For:
\$12



\$12 FOR A YOURKARD, ONE KARD TO COMBINE THE INFORMATION OF MANY CARDS (A \$24.95 VALUE)

Regular Price: \$24.95

You Save: \$12.95

Discount:

52%



Buy For:
\$59

\$59 FOR A 2-HOUR PHOTO SHOOT, AN 8X10 PRINT, A PROFESSIONALLY EDITED PHOTO AND A DVD WITH 10-20 IMAGES FROM AMPED PHOTOGRAPHY (A \$350 VALUE)



Buy For:
\$99

\$99 FOR A 30-MINUTE WEIGHT LOSS CONSULTATION, BODY COMPOSITION ANALYSIS, 30-MINUTES OF ELECTRONIC MUSCLE STIMULATION AND MORE FROM METABOLIC WELLNESS CENTRE (A \$280 VALUE)



Buy For:
\$10

\$10 FOR \$20 TOWARDS TWIRLYZ HAIR ACCESSORIES

WagJag.com and TELUS®

Are Proud To Work Together To Give TELUS Wireless Subscribers

\$10 WagJag Credit Every Month!

Visit www.wagjag.com/telus



Visit: **WagJag.com**

Follow us on: facebook.com/wagjaghalifax
[@wagjagcalgary](https://twitter.com/wagjagcalgary)

Hurry to WagJag.com to purchase local deals before time runs out.



comwave[®] Home Phone

All Features FREE

- Voicemail
- Call Waiting
- Caller ID
- Call Forwarding
and much more...



comwave[®]
Home Phone

Unlimited Local

Unlimited local calls plus
over 14 FREE features



\$14⁹⁵
/month



comwave[®]
Home Phone

Unlimited Canada

All the features FREE plus
unlimited Canada-wide long
distance



\$19⁹⁵
/month



comwave[®]
Home Phone

Unlimited Global

Your best home phone value-
Unlimited long distance to
almost 60 countries plus all
features FREE



\$29⁹⁵
/month

**Limited
Time Offer**

6 Months FREE

You're going to love the quality!
Your Satisfaction is Guaranteed or You Pay Nothing!

www.comwave.ca

1-866-769-9603

While Comwave strives for accuracy in our advertising, Comwave reserves the right to correct any error in pricing or information at any time. HOME PHONE LINE'S, YOUR 911 has certain limitations versus traditional 911. All Unlimited Plans do not include calls to the Yukon, Nunavut, N.W.T., Alaska and Hawaii. The 6 Month Free Promotion is based on a 30% term and includes a 90-Day Satisfaction Guaranteed period. The Global Plan includes a 30-Day Satisfaction Guaranteed period. If you are not 100% completely satisfied, you may terminate the service anytime within the Satisfaction Guaranteed Period with no further obligations. If you transfer your existing phone number from your current provider to Comwave within the first 90 days, you will receive an additional 3 months free for a total of 6 months free. Terms and conditions apply. see www.comwave.ca for details.



comwave®

Long Distance

Lowest Rate Guarantee

- ✓ No matter where you call, anywhere in the world
- ✓ No matter what rate you pay... We'll beat it



Comwave will beat all competitor's rates
Guaranteed

1 cent to India

1000 minute bundle
only \$10/month



1¢
/minute

Unlimited Canada

Unlimited calling to
anywhere in Canada



\$5
/month

Australia	1 ⁹ ¢/min	Iran	5 ⁹ ¢/min	Romania	1 ⁹ ¢/min
Bangladesh	3 ⁹ ¢/min	Israel	1 ⁹ ¢/min	Russia	1 ⁹ ¢/min
Bosnia	13 ⁹ ¢/min	Italy	1 ⁹ ¢/min	South Korea	2 ⁹ ¢/min
China	1 ⁹ ¢/min	Lebanon	7 ⁹ ¢/min	Sri Lanka	9 ⁹ ¢/min
Colombia	3 ⁹ ¢/min	Mexico	1 ⁹ ¢/min	Trinidad	4 ⁹ ¢/min
Cuba	89 ⁹ ¢/min	Pakistan	5 ⁹ ¢/min	U.A.E	14 ⁹ ¢/min
El Salvador	9 ⁹ ¢/min	Philippines	11 ⁹ ¢/min	Ukraine	7 ⁹ ¢/min
Germany	1 ⁹ ¢/min	Poland	1 ⁹ ¢/min	U.K	2 ⁹ ¢/min



Check out our mobile apps
Search "Comwave" on iTunes, Android
Market and Blackberry App World

30 Minutes Every Month FREE

(To Canada & USA)
Lowest Rate Guarantee

**NO
Contracts**

www.comwave.ca

1-866-769-9603



While Comwave strives for accuracy in our advertising, Comwave reserves the right to correct any error in pricing or information at any time. LONG DISTANCE: Lowest Rate Guarantee is based on competitor's lowest advertised rate for the services. Comwave will not rate that's applied charity or Internet services, bundled minute plans or prepaid calling cards due to their inaccurate billing criteria. Bundled minute plans cannot be shared by more than one line. Unused minutes from one month do not carry over to the next month. Excess minutes will be billed at our lowest rate guaranteed. Calls to Overseas Mobile Phones may be billed at a higher rate. Terms and conditions apply, see www.comwave.ca for details.

2

SCENE

Box office

Fans still eating up Hunger Games

The Hunger Games is still the first item on the menu for movie fans. The blockbuster took in \$61.1 million to remain the No. 1 film in its second weekend. Studio estimates Sunday put The Hunger Games well ahead of Sam Worthington's action sequel Wrath of the Titans, which opened in second place with \$34.2 million. That's far below the \$61.2 million opening of its predecessor, Clash of the Titans, two years ago. Julia Roberts' comic Snow White reinvented Mirror Mirror debuted at No. 3 with \$19 million. Roberts plays the wicked queen opposite Lily Collins as Snow White. Starring Jennifer Lawrence as a teen force to compete in a televised death match, The Hunger Games lifted its domestic total to \$251 million after just 10 days.

THE ASSOCIATED PRESS

On the web



For more coverage of the Juno Awards and our exclusive interview with The Sheepdogs, visit metronews.ca/scene

Feist still a Juno darling as she's named artist of the year

Awards. Feist, the Sheepdogs have a winning weekend in Ottawa with three trophies each at the 2012 Juno Awards



JOE LOFARO
Metro in Ottawa

Feist and Saskatchewan band The Sheepdogs came out on top at the 2012 Juno Awards by snatching three Junos each over the weekend.

After winning two each at a gala and awards dinner Saturday, they both won their third at the televised show held at Scotiabank Place in Ottawa on Sunday.

On Sunday, The Sheepdogs won single of the year for their hit I Don't Know. The Nova Scotia-born singer-songwriter Feist won artist of the year, sweeping aside City and Colour, deadmau5, Drake and Michael Bublé.

Before the show started, some of the nominees graced the red carpet outside the arena in chilly temperatures. Feist, Lights, MonkeyJunk, Dan Ma-



Dallas Green accepts his award for songwriter of the year on Sunday at the Junos. FRED CHARTRAND/THE CANADIAN PRESS

nagan, Nickelback and Hedley greeted shrieking fans. Teen heartthrob Justin Bieber, who was a no-show, disappointed many of the fans who queued outside the arena hours before the broadcast started. Toronto rapper Drake also did not attend.

Host William Shatner opened up the show with a tongue-in-cheek monologue

poking fun at artists' names. "It's good to be back in Ottawa the home of the Ottawa Senators and the home of the Stanley Cup contenders. Of course I'm from Montreal, so, I mean, who cares?" said Shatner.

The first award of the night went to Dallas Green of City and Colour for songwriter of the year. Nine performances kept thousands of screaming

fans jumping out of their seats in the transformed arena. Nickelback was first to light up the stage with a hard, pyrotechnical performance. The band came in with three nominations but went home empty handed.

Also up for a trio of awards was electronic music producer deadmau5. Like Nickelback, he left the weekend empty-handed.

Winners

Here is a partial list of some of the best acts in Canada — the 2012 Juno Award winners.

- **Juno fan choice.** Justin Bieber
- **Single of the year.** I don't know — The Sheepdogs
- **Album of the year.** Christmas — Michael Bublé
- **Artist of the year.** Feist
- **New artist of the year.** Dan Mangan
- **Songwriter of the year.** Dallas Green
- **Dance recording of the year.** Hello — Martin Solveig & Dragonette
- **Group of the year.** Arkells
- **New group of the year.** The Sheepdogs
- **Country album of the year.** Roots and Wings — Terri Clark
- **Pop album of the year.** Storms — Hedley
- **Rock album of the year.** Learn & Burn — The Sheepdogs
- **Alternative album of the year.** Oh Fortune — Dan Mangan
- **Rap recording of the year.** Take Care — Drake
- **Adult alternative album of the year.** Metals — Feist
- **Blues album of the year.** To Behold — MonkeyJunk
- **International album of the year.** 21 — Adele



Electronic musician Lights was the first artist to perform at Saturday's non-televised Juno gala and awards dinner. SEAN KILPATRICK/THE CANADIAN PRESS

JOE LOFARO
scene@metronews.ca

The Ottawa Convention Centre was transformed into a star-studded hub of Canada's greatest musical talent Saturday night as artists were handed the first batch of the 2012 Juno Awards.

The invite-only, non-televised Juno gala and awards dinner preceded Sunday's Juno Awards broadcast. Electronic musician LIGHTS was first to perform at the event, playing Where The Fence Is Low, from her new album Siberia.

Jian Ghomeshi, host of the

Q on CBC, hosted the gala and slipped in a few jokes on stage. He didn't shy away from dropping the F-bomb twice, either.

Thirty-four awards were presented in rapid-fire succession with performances spread throughout the night by Oliver Jones, Lindi Ortega, Dan Mangan and MonkeyJunk.

Some winners from Saturday were: The Sheepdogs for new group of the year; Arkells for group of the year; Hedley's Storms for pop album of the year; and KENmode's Venerable for metal/hard music album of the year. Drake won rap recording of the year for Take Care.

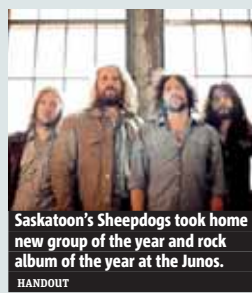
Big winners

Sheepdogs rock the Junos with wins

Shaggy-haired Saskatoon southern-rock throwbacks The Sheepdogs were double winners at an upset-laden Juno Awards gala on Saturday where the bulk of the prizes were handed out. At a dinner ceremony in Ottawa where 34 of 41 trophies

were distributed ahead of Sunday's TV broadcast, The Sheepdogs claimed trophies for new group of the year and rock album of the year. On Sunday at the televised Juno awards, they also took single of the year. The group was on tour in Australia with John Fogerty, but tweeted their delight about the pair of Saturday awards: "Very excited. Is 8 a.m. in Perth too early to start celebratory drinking?"

THE CANADIAN PRESS



Saskatoon's Sheepdogs took home new group of the year and rock album of the year at the Junos.

HANDOUT

Quoted

"It's going to be a crazy night ... not Vancouver crazy. Let's keep the cars right-side up here."

Juno Awards host William Shatner, greeting the audience gathered at Scotiabank Place in Ottawa on Sunday for the show.



METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Morning shows heat up this week



THE WORD
Dorothy Robinson
scene@metronews.ca

The Today Show is responding to the missile that ABC hurled last week — the announcement that anchorwoman Katie Couric is guest hosting Good Morning America — with a nuclear warhead of their own: The NBC morning show announced over the weekend that Tuesday's

guest host will be none other than Sarah Palin (yes, that Sarah Palin. We thought it was an April Fools' joke, too).

To make things even more interesting, Oprah is stopping by CBS Morning News on Monday to see her BFF, host Gayle King.

According to a CBS press release, Oprah's coming to "discuss everything from the latest developments at OWN, her Leadership Academy, and life after her daytime talk show."

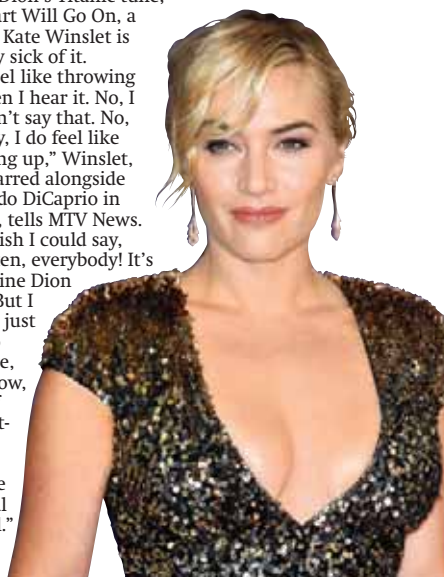
Katie Couric, Sarah Palin, Oprah: It's as though this week's morning news ratings war was created just to give the rival networks' late-night talk show hosts something to joke about.

Winslet wants to barf

While many still consider Celine Dion's Titanic tune, My Heart Will Go On, a classic, Kate Winslet is literally sick of it.

"I feel like throwing up when I hear it. No, I shouldn't say that. No, actually, I do feel like throwing up," Winslet, who starred alongside Leonardo DiCaprio in Titanic, tells MTV News.

"I wish I could say, 'Oh listen, everybody! It's the Celine Dion song!' But I don't. I just have to sit there, you know, kind of straight-faced with a massive internal eye roll."



Gaga's tame birthday night

Lady Gaga had a not-so-wild celebration for her 26th birthday, treating her friends to some time at the gym before grabbing dinner with her parents, according to Us Weekly.

"Her friends filled the studio, and they had a blast," a source says of Gaga's visit to SoulCycle, an L.A. spin class studio.

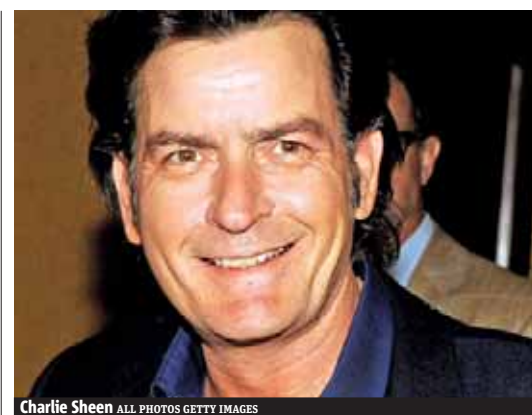
"She requested (Bruce Springsteen's) Thunder Road because it's one of her favourite songs. And as for the location of the celebratory dinner: home.

"It was just a small



Lady Gaga

thing with her family," says the source.
"Her mother cooked."



Charlie Sheen ALL PHOTOS GETTY IMAGES

Charlie Sheen: Oh, what a year

It's hard to believe, but it's been a full year since Charlie Sheen's very public meltdown and the words "tiger blood" were launched into the public lexicon. Now Sheen is embarking on something of an apology tour.

"I didn't recognize parts of who that guy was. I just wish it was somebody else's body. You say it's been a year — it's either been a day, or a hundred years," Sheen told Matt Lauer during an interview on the

Today show last week.

"I guess the plan was to reintroduce myself to America and to the media and say, 'Sorry about that, but here's what's happening now.'"

Clearly, that didn't go as planned. Now Sheen is busy promoting a new TV show, FX's Anger Management.

"I couldn't have the Two and a Half Men thing be my television legacy," Sheen says.

"I couldn't have that end on that note."

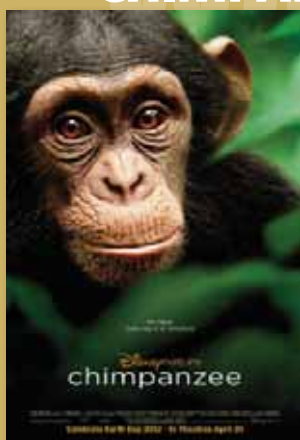
Lohan celebrates freedom via partying

Despite advice from a judge that she should probably stop partying, Lindsay Lohan celebrated the end of her formal probation by throwing a little get-together at the Chateau Marmont, according to Radar Online.

"Lindsay's guests ate paella and watched Elizabeth Taylor's Who's Afraid Of Virginia Woolf? Lindsay

was in an extremely good mood and grateful to be off of formal probation," a source says. "The party went until around 2 a.m. Alcohol was being served in moderation, but Lindsay wasn't seen drinking. It's just rather strange that Lindsay chose to have the party at the hotel, especially after what the judge said to her in court."

YOU COULD WIN A DOUBLE PASS TO AN ADVANCED SCREENING OF
CHIMPANZEE



PLUS
you could WIN a **GRAND PRIZE** of a private screening of **CHIMPANZEE** and a **DISNEYNATURE** blu-ray library.



IN THEATRES APRIL 20TH

DISNEYNATURE will donate portion of first week box office for CHIMPANZEE to the Jane Goodall Institute Canada through "SEE 'CHIMPANZEE,' SAVE CHIMPANZES" program.

the Jane Goodall Institute of Canada

To register and for full contest details visit clubmetro.com



Speedflirt



Download and install the free app for your mobile device - available on the App Store or also available in Android Market.



IN THEATRES APRIL 13TH

YOU COULD WIN A PASS FOR TWO TO A SPECIAL ADVANCE SCREENING OF **STREET DANCE 2 IN 3D**

To register and for full contest details visit clubmetro.com



3

LIFE

Tax Breaks

Fitness and Art

Gymnastics, art, music, hockey, ballet. Did you know that some of your children's extracurricular activities can actually result in tax breaks for you?

With the Children's Arts Tax Credit or the Children's Fitness Tax Credit, parents can claim up to \$150 per child per year for eligible art and fitness expenses paid for children under 16.

The organizations you're handing your kids off to will be able to tell you if they are eligible for the credit, and they'll determine the part of the fee that qualifies for the tax credit.

Don't forget to request a receipt for tax purposes.

SARAH DEVEAU,
YUMMYMUMMYCLUB.CA

On the Web



P.E.I. school kids play Fath-ers of Confederation, win national contest.

Chores

Women re-do husband's chores

Hands up if you reload the dishwasher after your husband has done it. Well, you're not alone.

According to the Telegraph, most women deem it necessary to "do over" the chores their domestically-challenged spouses proudly

tackle around the house. Nearly half of the women polled say they re-wipe countertops and a third of them remake beds. If you ask us if women want equality, they shouldn't be re-doing tasks that have been assigned to their husbands in the name of domestic bliss, even if they can't figure out how to properly hang the hand towels.

JULIE GREEN (A.K.A. MUMMY BUZZ),
YUMMYMUMMYCLUB.CA



Polls show that most women do over their husband's chores. ISTOCK

App

Housework is fun with this app

What if you could turn household chores into a game? The HighScore House app turns mundane into fun by assigning points to chores.

Parents simply enter their children's daily chores and assign point values to

each one. Kids can mark off all of their completed tasks and count up their points.

Once kids have enough points, they can redeem them for rewards — picking what they want for dinner (10 points) or staying up an extra 15 minutes (20 points). The rewards are defined by you.

The interface is fresh and funky, and definitely has a fun factor to it.

KRISTA SWANSON,
YUMMYMUMMYCLUB.CA

Got baby-name remorse? You're not the only one

Names. Here are some ways of dealing with people's reactions to your child's name

CANDACE
ALPER

yummymummyclub.ca

When choosing the perfect name, the resources are endless. Baby-name books and online baby-naming tools are plentiful (a search for baby name books at indigo.com yielded 478 choices, and at 995 amazon.com).

Then there is the desire to be different. Babies are also being given names that might have come from browsing a dictionary or map.

With choice can also come challenges. Some things we hear parents say are:

"I love the name I chose and so did the parents of the five other Sophies or Sophias in my daughter's class."

"My son's name is always mispronounced. So frustrating. I like the way it sounds when we say it."

"In an effort to give our son a traditional name with a twist, we changed the spelling and added a (silent) H. I'm tired of spelling it for

Pronunciation

It makes you cringe and scream inside when that lovely name is mispronounced. Learn how you and your child can deal with it.

- **Repeat it.** Use your child's name often so that the people around you hear it and catch on. "Maygan was up all night again," "Maygan will need a good nap today," etc.
- **Shorten it.** Be OK with a short form of the name that you know won't be mispronounced. For example, Alex can be a nickname for Alexandria or Alexandra.
- **Ignore it.** You saw it coming. You're ready for it. Help your child learn that his or her name might be said in different ways.

people and I think he will be too. This is the one time in my life that I'm wishing I had listened to my mother."

Got regret? Here are some things that you can do:

Use your child's middle name or initials.



Giving your child a unique name can pose problems. ISTOCK

Choose a nickname that fits. Miley Cyrus was born "Destiny Hope" and was always called "Smiley" because she smiled so much. She

shortened it to Miley. Voila.

How about a variation on the name? Alexandra could be Allie or Lexie; Jacob could be Coby or Jay.

Go with it! Remember why you chose it in the first place. YUMMYMUMMYCLUB.CA IS AN ONLINE RESOURCE TO HELP BUSY WOMEN SURVIVE MOTHERHOOD

ambiance dental

Downtown +15 • www.mycalgarydentist.com

WORRIED

SCARED

NOT myself TODAY

EVER HAVE DAYS WHEN YOU DON'T FEEL LIKE YOURSELF?

Find out why this is a sign of your mental health, and why mental health in Canada needs to change.

TAKE THE PLEDGE AT NOTMYSELFTODAY.CA

partnersformentalhealth

Let the greens season begin with a tangy Greek Salad



This recipe serves four to six. THE CANADIAN PRESS

There is no doubt that the best Greek Salad is made with seasonal, local vegetables, but this classic Mediterranean starter also brightens up appetites ready for spring weather.

It's best, of course, teamed with a fine Greek extra virgin olive oil, good firm kalamata olives and tangy imported

Greek feta.

1. Slice cucumber in half lengthwise and scoop out seeds. Cut cucumber into bite-size pieces.

2. In a large bowl, combine cucumber, green pepper, tomatoes, red onion and olives.

Sprinkle with olive oil, oregano and salt and pepper to taste.

3. Add a splash of vinegar if salad needs a touch of acidity; it all depends on the flavour of the tomatoes.

4. Fold in chunks of feta. Serve

Ingredients

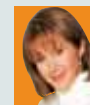
- Half an English cucumber
- 1 green bell pepper, cut into chunky bite-sized pieces
- 2 ripe tomatoes, cut into chunky bite-sized pieces
- Half a small red onion, thinly sliced and separated into rings
- 125 ml (1/2 cup) pitted and sliced kalamata olives
- 45 ml (3 tbsp) extra virgin Greek olive oil
- 10 ml (2 tsp) dried oregano leaves, crumbled
- Kosher or sea salt
- Freshly ground black pepper
- 15 ml (1 tbsp) red wine vinegar (approx)
- 125 g (4 oz) feta cheese, broken into small chunks
- Fresh crisp greens (optional)

on a bed of fresh crisp greens, if desired.

ALL THE BEST RECIPES BY JANE RODMELL (ROBERT ROSE INC.)/THE CANADIAN PRESS/ADAPTED BY EMILY RICHARDS, PROFESSIONAL HOME ECONOMIST, COOK-BOOK AUTHOR AND TV CELEBRITY CHEF. FOR MORE, PLEASE VISIT EMILYRICHARDSOOKS.CA.

Healthy eating

Choose it and lose it



ROSE REISMAN
for more, visit
rosereisman.com

Many Chinese restaurants are known for their plentiful dishes that won't break the bank. But be careful what you reach for.

Pork Chop Suey with Noodles

1,341 calories, 81 g fat

In many Chinese restaurants, the quality of pork used in this dish is of a lesser quality, usually with excess fat.



Equivalent

One serving of Pork Chop Suey with Noodles is your total daily calories and fat. It is equal in calories to 10 loaded chicken wraps from Popeyes.



Chicken Chop Suey with Noodles

819 calories, 40 gm fat

Chances are boneless, skinless chicken breast is used in this dish, resulting in close to half the calories and fat.



Use mint for more than just your breath

In North America, mint has struggled to land on the dinner table. We tend to associate it with sweets and breath mints.

But elsewhere in the world, especially North Africa, the Middle East and Asia, mint is used to lend a crisp, almost peppery contrast to savoury dishes, especially fatty ones (think lamb with mint sauce).

You'll find fresh mint sold with other herbs in the produce section, often in large bunches that you'll never manage to entirely use. No worries; it's cheap.

When you get the mint home, give it a good wash in cold water, then snip off the bottoms of the stems. You can prolong its life — sometimes by weeks — if you stand the stems upright in a glass of water and refrigerate.

Mint is as aromatic as it is flavourful (handy since we tend to taste with our noses as much as our tongues). But that also means you'll want to go easy with it to avoid overpowering other flavours in your dish.

Mint loves vegetables, cooked and raw (it's key to the flavour of fresh Vietnamese spring rolls, for example).

It also goes well with roasted poultry and pork, and helps cut through assertive cheeses



This recipe makes four servings. MATTHEW MEAD/ THE ASSOCIATED PRESS

such as feta.

1. In large pot of boiling salted water; cook pasta 8 minutes or until tender but firm. Drain and return to the pot; set aside.

2. In skillet over medium-high, heat olive oil and cook onion and garlic for 4 minutes.

3. Add tomatoes and cook for 2 minutes or until just softened. Add capers and cook everything for 1 minute. Remove skillet from heat and stir in the feta, mint, salt and pepper.

4. To serve, spoon sauce over pasta and toss gently to coat.

THE ASSOCIATED PRESS/ ADAPTED BY

EMILY RICHARDS, FOR MORE, VISIT
EMILYRICHARDSOOKS.CA.

Ingredients

- 500 g (1 lb) penne pasta
- 15 ml (1 tbsp) olive oil
- 1 yellow onion, diced
- 2 cloves garlic, minced
- 500 ml (2 cups) cherry or grape tomatoes, halved
- 15 ml (1 tbsp) capers, drained
- 125 ml (1/2 cup) crumbled feta
- 30 ml (2 tbsp) finely chopped fresh mint
- Pinch each salt and ground black pepper

WeightWatchers®

BELIEVE

BECAUSE IT WORKS

The edge you
need to finally
lose weight.

**FREE
REGISTRATION**

Pay only the weekly fee

Learn About Our
PointsPlus® 2012 Program

There's a meeting near you

For more info call: 1-800-651-6000

or visit us online at WWAB.CA

WeightWatchers®

Offer valid only in Alberta and Saskatchewan. Offer may vary in Work & Community Service Meetings *Plus GST Offer not valid for on-line subscription products. No cash value. Offer valid until April 28, 2012

There ain't no mountain high enough to keep them from gliding toward glory



World Cup ski champion Thomas Grandi and Olympic silver medal winning cross country skier Sara Renner are raising their young family in Canmore, Alta. PROVIDED

Passion at its peak.
Two high-performance athletes provide hospitality in the hills



THE IN-CREDIBILITY FACTOR
Teresa Kruze
life@metronews.ca

Olympic medalist Sara Renner and World Cup champion Thomas Grandi may have retired from competitive skiing, but they didn't park their skis too far from the front door. Sliding into the business world, they bought Paintbox Lodge in Canmore, Alta., and are now raising their young family amidst the glorious Rocky Mountains.

Moving from high performance athletics to business isn't that much of a stretch. Most athletes do four-year business plans when getting ready for an Olympics and run their careers like a business. But Grandi admits there was one

Lesson learned

"Patience. When you go out of the start gate any thing is possible and you could go from last to first."

Thomas Grandi on what he has learned as a business owner.

thing he had to learn.

"Patience. When you go out of the start gate any thing is possible and you could go from last to first. In business even though you have a happy customer they may not come back until next year."

But Grandi and Renner are still winning and business has doubled since last year.

"I'm hoping people will stay with us and take a walk along the river path," Sara says. "They will find their soul is quieted and they can be rejuvenated before going back to their busy lives."

That's top-of-the-podium advice from two high performance athletes turned business people.

Success

How to move mountains

- Setbacks are your best opportunity for future improvement.
- Get the most from your team and offer incentives that benefit everyone — like profit sharing.
- Have perspective in your working life and prioritize the things that mean a lot to you.
- Your business will have more chance of success if you are happy.
- If you are stumped, go for a run, walk, ski or do some yoga. Get the blood circulating to your brain and great thoughts will follow.
- The first person you have to convince that you can be a champion is yourself.

Heaps of homework not very helpful: Study



Adventure! Teach English Overseas

- TESOL Certified in 5 Days
- In-Class or Online
- No Degree Required!

1.888.270.2941

Job Guaranteed!

Next in-class course: Apr 18th - 22nd, 2012

Next Seminar: April 10th, 2012 @ 7pm

Travelodge University Hotel - 2227 Banff Trail NW

www.globaltesol.com



Learning lethargy.
Research finds being bogged down by the books not beneficial

CASSANDRA
GARRISON

Metro World News in New York

All that time you spent doing tedious homework assignments back in your school days was all for naught.

Turns out, if a recent study is to be believed, it probably didn't help you get any smarter.

It might have even set you back. Researchers at Sydney University in Australia found that too much homework can often have the opposite effect on students than intended.

Instead of enhancing their intellect, they become bored and unhappy, leading to little academic advancement.

"What the research shows is that, in countries where they

spend more time on homework, the achievement results are lower," Dr. Richard Walker, from Sydney University's Education Faculty, told The Telegraph.

The study found that 59 per cent of 10- and 11-year-olds do less than two hours of homework per week. About 22 per cent do three or four hours a week, and five per cent complete seven or more hours of homework per week.

"At the moment homework

(is often) an add-on because parents want it," Walker added.

High school switch

Get back to work

- An exception to the study was high school students in grades 11 or 12, who proved to benefit from more than a few hours of homework each week.

NEED A JOB IN A FRIENDLY WORK ENVIRONMENT?



SEARS IS CURRENTLY INTERVIEWING FOR
VARIOUS PART TIME POSITIONS
WALK IN INTERVIEWS ARE WELCOME
MONDAY - FRIDAY 9:00AM - 3:00PM

MATERIAL HANDLERS - LOSS PREVENTION

Sears Warehouse is currently interviewing motivated team-players with a positive attitude, able to lift up to 60lbs and looking for advancement in a clean safe work environment. No experience is required/Training is provided. On site gym.

Calgary transit is available. Excellent employee discount.

\$13.00/hour

Apply in person 25 Dufferin Place SE or
fax resume to 403-203-3110 or e-mail to cjobs@sears.ca



A Great Place to Work!

Sears offers all our associates training, competitive benefits and compensation plan which includes an associate discount.

monster.ca

Who has time to stand in long lines waiting to speak to recruiters?

Skip the line. Go straight to the front!

Monster Virtual Career Fair, April 16th - 22nd

REGISTER
NOW!

www.monstervirtualcareerfair.ca



Generation inspiration: Knowledge acknowledged at youth conference

Share the wisdom.

Kids aim to learn from one another at TEDxKids event in Vancouver

Tales of early expeditions to Antarctica had a ship's audience completely engrossed before a call over the PA system compelled the lecturing explorer to suddenly stop.

The group pulled on jackets in a hurry, threw open doors and stepped from story world into reality, where pods of 30 killer whales surrounded their southbound boat.

Selin Jessa found her sea legs on the grand vessel's deck, and watched the big, beautiful creatures breach in and out of the ocean.

"In our world and in this life over here (in North America), we get caught up in the day-to-day and forget to be open to those sorts of experiences, and we miss them," Jessa said in recollection.

As the moment sank in,

Background

TEDucation

The event's theme is moving inspiration into action, and will coincide with a TEDx event hosted by the Bill and Melinda Gates Foundation that will be held the same day in Berlin.

earth.

"Sometimes it feels very hopeless when you want to try to make a difference," she said.

"But when you realize everything is interconnected ... it becomes easier to do your part."

Though spoken like a sage woman checking off her bucket-list, the 16-year-old from Coquitlam, B.C. believes her journey has only just set sail.

The Grade 11 student will share her insights during a 12-minute talk with 200 high school students and a global online audience at an upcoming Vancouver forum, which will

The April 5 event, called TEDxKids@BC, is an authorized spin-off of the popular idea-sharing TED conferences that are held around the world, but independently organized. Its founder describes it as the big-

gest of its kind in Canada.

Goran Kimovski's goal is to transform young people into active participants in their own education. He hopes they'll be galvanized to change the world.

"The current education

system doesn't really cater to the natural instincts that kids (have) for learning," said the father of two daughters, ages eight and three, who tailor-made the event to fill the void.

The B.C. parent is striving to

be a mentor to his kids instead of solely an authority figure, and that prompted him to connect with other educators who theorize that children are filled with drive and learn best by doing. **THE CANADIAN PRESS**



Selin Jessa, 16, is a part of a group called TedTalks and will soon be giving a talk about a trip that she took to Antarctica earlier this year.

JONATHAN HAYWARD/THE CANADIAN PRESS

HEALTHCARE • BUSINESS • TECHNOLOGY

THE PATH TO YOUR LEGAL CAREER STARTS TODAY

Legal Administrative Assistant
Diploma Program Now Enrolling

CALL TODAY

20 Diploma and Certificate Programs
Available in Business, Healthcare and
Technology.

Financial Assistance available to qualified applicants.

**Academy
OF LEARNING
CAREER COLLEGE**
www.academyoflearning.ab.ca

Calgary Northeast (403) 569-8973
Calgary South (403) 252-8973
Red Deer (403) 347-6676

GET REAL *legal support.*

GET YOUR CAREER GOING AS FAST AS LEGALLY POSSIBLE WITH A
TWO-YEAR LEGAL ASSISTANT DIPLOMA FROM SAIT POLYTECHNIC.
Backed by years of industry-based experience, our instructors support
you in developing the practical skills you need to start a rewarding career.

LEGAL ASSISTANT
Apply now for September, 2012

BUSINESS • TECHNOLOGY • TRADES

Get Started at **SAIT.CA**

SCHOOL OF BUSINESS

**FURTHER
YOUR
PASSION**

Sait
POLYTECHNIC

The green way to get your run on

A simple change can speak volumes. More and more companies creating eco-friendly running shoes

BEN KNIGHT
life@metronews.ca

Athletic shoes take a terrible pounding, from heat, cold, rain, snow — millions of hard, sharp impacts from the simple human acts of walking and running.

They need to be light, strong and incredibly durable. Is there any room for them to be eco-friendly, as well? Yes, says Jenine LaFayette, marketing manager for Brooks Canada. She's talking about a cutting-edge sneaker called Green Silence, which the company introduced in 2009.

"This shoe has a lot fewer parts. There's less material, so it can biodegrade faster," she explains.

"The rubbers that are used are recycled. We also use bio-green adhesives and dyes. Our laces and reinforced webbing are all post-consumer recycled. We've looked at all the pieces of the shoe puzzle, and how we can make a dif-



If you burn through shoes like you're burning rubber, you might consider getting an eco-friendly pair. HANDOUT

ference in pulling the construction together."

The key breakthrough is a material called BioMoGo. It's a funny name, but there's a

serious purpose.

"BioMoGo midsoles biodegrade 50 times faster than the traditional midsole," LaFayette says.

"It's a shoe that's built to last. It has to be exposed to the right materials and conditions for it to biodegrade."

LaFayette laughs at the

suggestion that some runners' lockers might actually simulate conditions within a landfill.

"BioMoGo material has

By the numbers

\$1.6B

Total sales of athletic shoes in Canada in 2010, according to Statistics Canada — up from \$1.1 billion in 2004.

got a compound that makes it delicious to the bugs within the landfill environment. So unless you've got those types of enzymes at the bottom of your locker — which hopefully you don't — it won't react the same way."

Brooks is far from being the only major shoe manufacturer doing this.

The Adidas line of Samba shoes features significant green components. Nike has even rebuilt and repositioned its popular Air Jordans to be environmentally friendly.

And the stakes are huge. Statistics Canada reports Canadians spent a staggering \$1.6 billion on athletic footwear in 2010.

"Consumer response has been great," she notes.

"A lot of consumers are really looking for that green solution when it comes to footwear. As far as consumer performance, we just had someone win the 5K Around the Bay race in Hamilton, Ont., wearing Green Silence."

Queen of Green

Avoid these home hazards



QUEEN OF GREEN
Lindsay Coulter
green@metronews.ca

What qualifies as household hazardous waste? I have old Comet and Pledge bottles collecting dust.

Kylie of Halifax

Many common household cleaners sold in Canada contain hazardous chemicals.

Examples of household cleaners considered to be household hazardous waste (HHW) are abrasive cleaners,

aerosol air fresheners, all-purpose cleaners, ammonia, bleach, disinfectants, drain cleaners, fabric softeners, glass cleaners, laundry stain removers, mildew removers, oven cleaners, toilet cleaners, and tub and tile cleaners. These materials or products can cause illness or death to people, plants and animals.

Correct disposal is important to prevent the spread of chemicals in our soil, air and water.

Never pour or flush HHW substances down the drain where they will enter the sewage system.

Chemicals can corrode plumbing and cause failure

in septic systems before they make their way to our waterways and oceans. I realize that's ironic, because most of them are used to clean the toilet and end up down the drain!

Each Canadian province has instituted a household hazardous waste collection program to make it easy for Canadians to dispose of these toxic items with minimal environmental impact.

In Nova Scotia, HHW disposal options by are divided by seven different solid waste-resource management regions.

Check out ReduceYourWaste.ca or the government website gov.ns.ca/nse/waste.

Next shopping trip down the cleaning products aisle, avoid cleaners with hazard symbols.

Opt instead for products from companies that voluntarily disclose ingredients on the label.

In fact, we're asking Canadians to open up their cleaning cupboard to investigate whether their home cleaning products contain toxic ingredients.

Please take 10 minutes to fill out our survey this spring at davidssuzuki.org/whatsinside (and enter for a chance to win fabulous prizes).

FOR MORE QUEEN OF GREEN VISIT
DAVIDSSUZUKI.ORG/GREENLIVING



MADE FOR YOU

IN CALGARY'S MOST DESIRED COMMUNITIES

ASPEN SUMMIT | ASPEN WOODS ESTATES | CURRIE BARRACKS
ROCK LAKE ESTATES | TIMBERLINE ESTATES | WEST GROVE ESTATES



CRYSTAL CREEK
HOMES
crystalcreekhomes.ca



You are all invited to join us for Meditation on Twin Hearts on Friday at 7:30pm. This is very simple, yet very powerful meditation with Physical, mental & Psychological benefits. This meditation is free and open to people 16 years and older.

For learning more about this meditation, visit us at www.bodhiwellbeing.com or call us at 403-918-6225.

ANIMAL KINGDOM

DOGS AND CATS CAN BRING MORE TO YOUR LIFE THAN YOU MAY THINK

Can having a pet improve your health?

Absolutely, says Dr. Jim Berry, Vice-President, Canadian Veterinary Medical Association and a veterinarian at Douglas Animal Hospital, Fredericton.

MORE EXERCISE

If you have a dog, you pretty much have to get them out there and walk. "Of course, that gets people moving themselves," says Berry. That's good for everyone, and for seniors particularly, it supports continued mobility.

A RICH SOCIAL LIFE

Having a dog is a great way of getting out into the community and making friends... because when you have a dog, people

stop to chat. "Having a dog creates an instant social atmosphere."

FEEL GOOD

"Numerous studies have associated pets with stress reduction and even remission of psychiatric illnesses, particularly depression and anxiety disorders," says Dr. Irvin Wolkoff, a Toronto psychiatrist. "The key factor is the kind of uncritical affectionate closeness of pets towards their owners." Unlike relations with people, interactions with pets are uncomplicated, reliable and pleasing, says Wolkoff. "We respond with a reduction in stress. That helps us feel better, and it

reduces our circulating levels of adrenalin and cortisol, the classic stress hormones." He says this change is associated with a reduced risk of coronary disease as well as a number of other conditions.

COMPANIONSHIP

A pet provides something to communicate with, and in this way, can stave off loneliness, says Wolkoff. "Plus, animals aren't needy and they don't care if you've had a bad day — they still respond to you."

FAMILY TIES

More than 50 per cent of pet owners consider their pets their kids... and it's not just what they call them but what they consider them, says Berry. "They really are part of the family and the expectation goes that they'll be treated as a family member. I think this attitude has elevated the humane treatment of animals in society."

At the end of the day, "all this only works if you like animals," says Wolkoff. "If you don't, pets will increase your stress."



WANT TO GET A PET?

The Canadian Veterinary Medical Association reminds everyone that it's important to choose a pet that is appropriate for your lifestyle, life situation and pocketbook (all pets are an ongoing expense). Here's a quick guide.

PUPPY OR KITTEN Requires training and constant attention.

DOG Most need a walk twice a day.

CAT More independent and much less demanding than a dog.

BIRD Requires daily commitment.

FISH Easy care, but needs regular cleaning and specific care.

EXOTIC (rabbit, guinea pig, snake): Specific care requirements are important.

MOST POPULAR DOG BREEDS

Labs, Golden Retrievers, Yorkies and German Shepherds.

MOST POPULAR CAT BREEDS

Persian and Siamese.



PET SAFETY A PRIORITY

CUSTOMERS PART OF FAMILY AT PAWS PET FOOD AND ACCESSORIES



As the warm weather is set to hit Calgary, Paws Pet Food and Accessories recommends a few tips to keeping your pet safe during the summer months.

"During the summer months, pet safety is important to consider when you are outside having fun," says Danielle Howatt, assistant manager of Paws Pet Food and Accessories.

First, Paws Pet Food and Accessories says it is important to have dogs restrained (via

kennel or car harness) while travelling.

"Car harnesses are a must all year round but during the hot summer months it is important to remember to have life jackets, water dispensers, and cooling blankets," says Howatt.

Howatt also stresses the importance of making sure animals stay hydrated during the summer.

"Always have a water dispenser with you," says Howatt.

"Water dispensers need to be used to keep your animal safe and hydrated during the hot summer months."

She also recommends always making use of a life jacket for your dog if you are on a river or lake.

"At Paws Pet Food and Accessories, our customers and their pets become part of our extended family and we will be running promotions all summer long to ensure that everyone (two legged or four) is happy, healthy, and safe," says Howatt.

This summer will also mark the 25th anniversary of Paws Pet Food and Accessories and they are welcoming all Calgarians to share in the success with a number of promotions and sales.

FOR MORE INFORMATION about Paws Pet Food and Accessories, visit them at either the 17th Avenue or Haysboro location, or online at www.pawspetfood.ca

Proudly Serving Calgary's Pets For Over 20 Years!



Dog Greenies
NEW Value Pack 36oz

Reg. \$51.49

SALE \$40.99

Feline Greenies
BIG Bag 6oz

Reg. \$4.99

SALE \$3.99



PAWS
PET FOOD & ACCESSORIES

3204 - 17 Ave. SW • 249-4944 or 8403 Elbow Dr. SW • 640-1666

TANKSALOT TROPICAL FISH & SUPPLIES
8403 Elbow Dr. SW • 259-8265

Sale ends April 30, 2012 or until quantities last.



HEALTHY CAT

SHARING YOUR HOME WITH A CAT MAKES LIFE PURR-FECT!

And, of course, you want to help your feline friend stay healthy and happy. Here's how.

VISIT THE VET

Regular visits to the vet are a must for checkups and cat care. Discuss annual shots and protection from fleas and other parasites as well as dental health. Your vet can make dietary recommendations too.

FEED HER PREMIUM CAT FOOD

Cats need a healthy diet, and it's important that their nutritional needs are met with food that is especially designed for cats. At the same time, kittens

and cats have different requirements depending on their age and health status. Be sure fresh water is always available.

PROTECT YOUR CAT

Many owners make the decision to keep their cats indoors, and they provide an enclosed area outside where their cat can roam safely, enjoy the sun, and watch the birds. It's also important to cat-proof your home and to make the cat litter box easily accessible.

KEEP HER BUSY

Your cat needs to be active some of the time. Remember, cats can sleep for 18 hours out of 24 – and that makes them susceptible to weight gain as time goes by. Keep your cat entertained with toys that bring out his hunting and stalking instincts. Playtime with you is good bonding time too.

BE OBSERVANT

As all cat owners know, these feline creatures can be pretty independent. So it's important to be aware of any changes in appearance, eating habits, personal care habits and disposition. This is especially important as your cat gets older (about eight) when age-related illnesses often develop.

LOVE YOUR CAT

There's nothing like a little R&R with your cat purring in your lap!

SERVING UP A HEALTHY & DELICIOUS DIET



Ask your veterinarian about the IAMS range of premium canned and dry food for all the different stages of a cat's life – from the time they are kittens, through their adult and senior years, and for special dietary needs too. IAMS foods provide natural ingredients:

- Chicken, lamb and fish protein to promote healthy muscles.
- Vitamins, minerals and other nutrients for healthy heart and eyes.
- Natural source of fibre from beet pulp for healthy digestion.

Keep cats playing strong with new IAMS® Senior Plus.



Kitten
0 - 1



Adult
1 - 6



Mature Adult
7 - 10



Senior Plus
11+

IAMS Senior Plus for cats 11 and older. With 2x the antioxidants*, it helps restore the immune response to that of an adult cat. And it helps fight signs of aging.

*vs IAMS Original or IAMS Adult.

TIPS TO PREVENT YOUR PET'S MESS

DO YOU LOVE YOUR PET, BUT HATE THE MESS?

For dog owners especially, cleaning up after their furry friends is a daily battle.

Dogs are more than happy to track mud and grass from the backyard to your floor or leave fur and dander to collect on your

carpet and furniture. What's a loving pet owner to do? Dogs will be dogs, but there are ways to prevent some messes and clean up others more easily. Take a look at a few helpful tips for you and your pet:

- Place rubber or plastic mats in areas that messes are likely to occur, such as under food and water dishes.
- Keep a "pet cleaning kit" with paper towels, hand-held vacuum, old bath towels and cleaning solutions in a bucket where you can get to them quickly. The

faster you get on a pet mess, the easier it is to clean, and the less likely it will be to leave a permanent stain.

- Pet hair and dander can trigger allergies for some people and are difficult to remove from carpet. A regular grooming schedule can help eliminate shedding hairs before they end up in the home. It also keeps pets clean, happy and comfortable.
- Installing a faucet in a mudroom or garage allows homeowners to clean

off their pets before bringing them into the house. Take a look at a few ideas at deltafaucet.ca. Try using a pull-down kitchen faucet with a laundry tub to make bathing smaller pets — as well as the clean-up afterwards — a breeze.

- While training pets to keep off of furniture may be difficult, consistency is key. If pets are part of the family, they also have to learn to live comfortably with everyone else.

— News Canada

FIVE TIPS FOR A TRULY PET-FRIENDLY HOTEL STAY



Let's face it, the last thing you want to do when heading out on the road is leave the furry family members behind. With 150 locations in Canada, Comfort Inn hotels say they are no strangers to guests travelling with pets and offer the following tips to make your next stay at a pet-friendly hotel, truly pet-friendly:

1. CALL AHEAD to double check pet-policies and ask if a kennel is required to avoid any unpleasant surprises upon arrival.

2. PACK YOUR PET'S BED along with their favourite blanket or toy to help them feel at home in the unfamiliar space.

3. ASK ABOUT A PET NOTIFICATION DOOR HANGER at the front desk, or bring your own to be sure hotel staff and other guests are aware a four-legged guest is staying in your room.

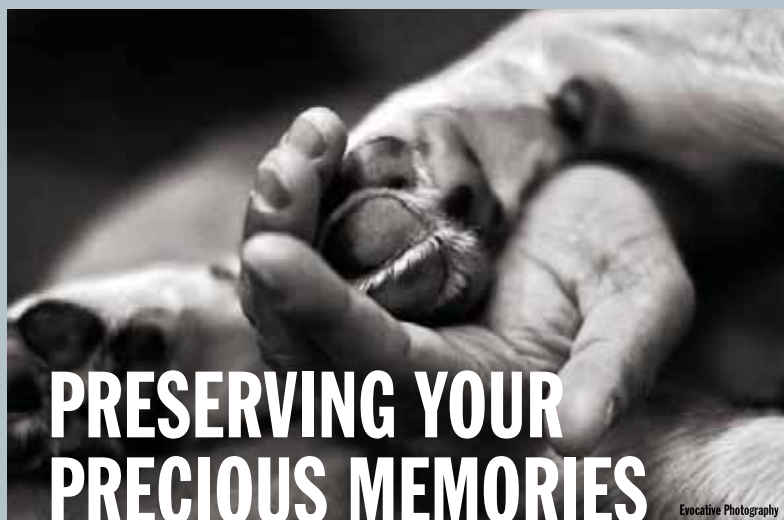
4. KNOW YOUR PET'S WEIGHT Some hotels have weight restrictions and you may be asked to provide this information at check-in.

5. IF YOU HAVE TO LEAVE YOUR PET ALONE in your room, turn on the radio or TV before leaving; the background noise and voices will be soothing.

If your pet suffers from separation anxiety, don't leave them alone. Noise complaints and damage fees could ruin an otherwise perfect vacation.

— News Canada





EVOCATIVE PHOTOGRAPHY PUTS PETS IN FOCUS

After 17 years of marriage, Erica and James Fernandes' love for each other and love of animals has led them to become one of the top pet photographers in Calgary and area.

With their background in landscape, portrait and wedding photography, Evocative Photography is uniquely

capable of creating timeless images, ensuring both you and your pet look beautiful.

"Evocative Photography specializes in creating timeless images of your pet, preserving your precious memories of them, so that you may treasure those warm feelings forever," says Erica, Professional Pet Photographer and co-owner of Evocative Photography.

"We create powerful timeless images of those precious memories that will make you want to run into a burning building to save."

This creative couple has more than 35 years of combined photographic

experience and the know-how to create lasting images that you will enjoy for years to come.

Evocative Photography has recently begun their new Warm Feelings Campaign, after years of volunteering their photography to different charities.

This campaign features a rescue society each week on the Evocative Photography blog, in hopes of alerting Calgarians to the different rescue societies around the city and area.

"Having adopted our boy Jake from a rescue society, we have experienced firsthand the joy of providing him a safe and loving home and watching him flourish in that environment," says Erica.

"We wish to do what we can to help reduce the number of animals in shelters and foster homes."

For those who choose to adopt from one of the



participating rescue societies, Evocative Photography will give them an 8x10 inch print (a \$50 value), when they purchase an Evocative Photography photo session.

Each package also comes with a satisfaction guarantee.

"All of our sessions come with Evocative Photography's Timeless Guarantee: we guarantee you will love your images as much today as you will years from now or we will re-shoot or refund your entire session fee. No questions asked," says Erica.

To book a session for your pet, visit evocatedogphoto.com.

PET PACKAGES

Evocative Photography currently offers a number of different timeless photography packages for your pets.

Their. Precious. Day. Sessions take place on location and begin at \$165 plus GST.

The EDP (Evocative Dog Photography) and the SPR (Springbank Pet Resort) sessions, take place in studio and begin at \$49 plus GST.



Creating timeless images, precious memories & warm feelings



403.966.4884

www.EvocativeDogPhoto.com

bring in this ad . . . get 10% off your product order

EXPERT ADVICE, EXCEPTIONAL SERVICE AT FAIRPLAY

FAIRPLAY STORES HAVE BEEN IN BUSINESS FOR MORE THAN 90 YEARS



Known as the pet owners' general store, Fairplay Stores offers a huge selection of supplies and pet food, and knowledge for everything you might need for your dog, cat, small animal or bird.

"We specialize in our customer service and

product knowledge," says Lesley Thomas, sales associate at Fairplay Stores.

"Whether it be food, toys, collars, or supplements, our staff makes sure that they understand the products we have on our shelves."

Making your pet a part of their extended family, Fairplay Stores makes sure your experience with them is a positive one.

The staff at Fairplay Stores will help you find just what your animal needs, whether it comes to toys or even their nutrition.

"Our staff is constantly educating themselves on pet food nutrition and many of our staff spends their own time learning about the new advances in pet nutrition, making sure they understand what is in each bag of food we sell," says Thomas.

"We believe that not every food is for every pet and we pride ourselves on finding the perfect food for your furry friends."

Fairplay Stores also carries a large selection of birdseeds and grains, available in bulk barrels or bags, for both wild and domestic birds.

FOR MORE INFORMATION about Fairplay Stores, visit them at

2604 Kensington Rd., call them at 403.283.2117 or visit facebook.com/FairplayStores

PET HEAVEN HELPING FAMILIES WHO ARE GRIEVING

Pet Heaven Crematorium & Funeral Chapel Ltd. offers families the most valued options possible to aid in the grief process, after the death of a pet.

"We strive to provide every family we assist with superior service from the initial contact and until the family has had all their wishes fulfilled," says Arnold Paterson, owner of Pet Heaven Crematorium & Funeral Chapel Ltd.

At Pet Heaven Crematorium & Funeral Chapel Ltd., Paterson and Nancy Haddock, operations manager, are available to assist in answering any of your questions.

Here are some of the most common questions they get asked:

What are your hours of operation? 24 hours a day and seven days a week.

Can we witness the cremation? Yes, at our facility. If your pet passes away at a vet clinic or hospital, ask the question: "What crematorium do they use?" So you can notify them that you wish to witness the cremation or at least know what crematorium your pet is going to.

When will we get our pet's cremated remains back? At Pet Heaven they will be available for pick up within 24 to 48 hours or less.

If we have our pet euthanized at a Veterinary Hospital can we use your facility for the cremation? Yes. No matter where your pet is euthanized, you may choose any crematorium you wish as it is your pet and it is your choice.

Will you come to my home or vet clinic to pick up my pet? Yes. Removals will be made anywhere and any time at the family's request.

Pet Heaven Crematorium & Funeral Chapel Ltd. is located at 5648A Burbank Rd. southeast.

Please call before stopping by Pet Heaven Crematorium & Funeral Chapel Ltd., as they may be out on a call.



FOR MORE INFORMATION visit petheavencalgary.com or call 403.266.2911

This week's specials - Proudly Made in Canada!



Super special!!
Rollover gourmet crunchy biscuits in assorted flavors in small and medium size - **MADE IN ALBERTA!**
\$4.99 (reg \$7.19 to \$11.79)

ACANA Chicken and Burbank potato dog food! An Alberta company making pet food with regional ingredients.

\$5.00 off our regular price of \$48.99

\$43.99 /13 Kg



Other Canadian Made products...



FirstMate cat food \$28.99 for 12lbs. (reg \$35.99) Made in B.C.

The Scrambler two sizes priced at \$15.99 to \$21.99. 20% off Made in B.C.



Wooden bird feeders and birdhouses 15% off regular prices. Made in Calgary



Come in or like us on Facebook to enter in a draw! Sale ends April 7th.

FAIRPLAY STORES - Everything pet since 1921

2604 Kensington Road NW, Calgary • 403.283.2117 • Mon - Fri: 9-6, Sat: 9-5:30, Sun: 12-5

Pet Heaven
CREMATORIUM & FUNERAL CHAPEL

Available for home arrangements and removal 24 hours a day, 7 days a week

On site crematorium

Witness cremation upon request

A large selection of pet urns available

403.266.2911 • 5648 "A" Burbank Road S.E.



HEALTHY DOG

YOU LOVE YOUR DOG AND ONLY WANT THE BEST FOR HIM

Here's how to keep him happy and healthy.

VISIT THE VET

High-quality veterinary care is the key to your dog's overall health. Talk to your vet about recommended vaccines, protection from fleas and other parasites and any dietary concerns you have.

ONLY THE BEST FOOD

A healthy diet provides the nutrients and energy that your dog needs at every stage of life beginning with the

high energy puppy months through to the less active senior years. What you feed your dog affects appearance (a dog's coat should always be shiny and free of flakes; and he should be a healthy weight) and disposition (he should have good energy and be content). Be sure fresh water is always available.

KEEP HIM ACTIVE

Just like people, dogs need regular exercise – in general, at least one to two hours every day. An under-exercised dog may start exhibiting unwanted behaviour such as chewing on furniture and carpets and separation anxiety.

TAKE CARE OF HIS TEETH

For healthy teeth, gums and breath, you can brush your dog's teeth, use oral rinses and feed them tartar-fighting dental treats. Your vet may recommend professional cleaning periodically too.

KEEP HIM GROOMED

Grooming needs are based on your dog's breed but in general an average short-haired dog should have a monthly nail trim, bath and brushing. Long-haired dogs should be brushed out daily.

LOVE

Dogs are like people really – they need food, water and love.

SERVING UP A HEALTHY & DELICIOUS DIET



IAMS produces several types of canned and dry dog food for all life stages of a pet's life – from puppyhood to their senior years (for example, as a dog gets older, he may need food that is easier to chew). For good health, IAMS uses natural ingredients including:

- High-quality protein from chicken or lamb for strong muscles
- Tailored Fiber blend including prebiotics and beet pulp for healthy digestion.
- Omega-fatty acids for healthy skin and coat.
- Enriched with antioxidants to help maintain a strong immune system.

Keep dogs playing strong with new Iams® Senior Plus.



Puppy
0 - 1



Adult
1 - 6



Mature Adult
7 - 10



Senior Plus
11+

Iams Senior Plus for dogs 11 and older. With 2x the antioxidants,* it helps restore the immune response to that of a healthy adult dog and helps fight signs of aging.

*vs Iams Original or Iams Adult.

Golf

Hunter captures Houston Open



Hunter Mahan on Sunday.
MATT SULLIVAN/GETTY IMAGES

Hunter Mahan shot a 1-under 71 on Sunday to win the Houston Open, edging Carl Pettersson by one stroke.

Mahan, who won the Match Play Championship in February, is the first two-time champion on the PGA Tour this year. The victory moved Mahan up to No. 4 in the world rankings, the first time he's ever been the highest-ranked American.

"That's a pretty surreal thing to think about," Mahan said. "It shows me what I can do, shows me what I'm capable of."

THE ASSOCIATED PRESS

NASCAR

Newman gets win in wild finish

Ryan Newman needed help and was running out of time. Finally, Clint Bowyer provided an opening with two laps to go at Martinsville Speedway in Virginia.

Bowyer's aggressive move took out race leaders Jeff Gordon and Jimmie Johnson entering the first turn, allowing Newman to slide into the lead, and he held off A.J. Allmendinger and Dale Earnhardt Jr. on another restart for his first win in 23 races.

THE ASSOCIATED PRESS

Soccer. Brazilian dies in another act of fan violence

A football fan was killed in a weekend fight between rival groups in central Brazil, the fourth fatality resulting from fan violence in less than a month.

Authorities said Sunday that 23-year-old Diego Rodrigo Costa de Jesus died after being shot in the back during a confrontation between supporters from Goias and Vila Nova in the central city of Goiania on Saturday.

Two Palmeiras fans were killed last week in a fight in Sao Paulo, and a Guarani supporter died about two weeks ago about 100 kilometres away.

A series of incidents related to fan fighting at the beginning

A different feeling for Howard in Switzerland

Curling. Canadian skip improves to 3-0 in front of low-key world championship crowds

Whether it's the rocking atmosphere of the Tim Hortons Brier or the relative serenity of the world men's curling championship, Canada skip Glenn Howard just keeps doing what he does best.

Winning — and doing it with remarkable consistency.

Howard picked up victories over Germany and the United States on Sunday to remain unbeaten at 3-0. The veteran Ontario skip lost only once en route to the national title last month and hasn't slowed down here in Switzerland in his pursuit of a fourth career world title.

The only differences have been the international opposition and the intensity of the crowds.

The Credit Union Centre in Saskatoon was a curling madhouse for the national championships. The St. Jakobshalle is like a library by comparison.

"It's sort of more like a club game," Howard said after his win in the morning draw. "You're out on the ice and you don't hear as much."

That's an understatement. It was so quiet during the morning game that banter between curlers could easily be heard from the stands.

The occasional cheer, the steady whirr of stones sliding down the ice and buzz from the brushers were essentially the only sounds in the rather cavernous 9,000-seat venue.

Official attendance figures weren't released but organizers estimated that 800 spectators were on hand in the mor-



Canada's Glenn Howard, right, and Germany's Felix Schulze watch a stone on Sunday in Basel, Switzerland. GEORGIOS KEFALAS/KEYSTONE/THE ASSOCIATED PRESS

Swiss interest

Curling is in fact quite popular in Switzerland. The country boasts 160 clubs and 8,000 registered curlers.

- Switzerland has also picked up some impressive victories. Patrick Hurlimann won men's gold at the 1998 Winter Olympics in

Nagano and Mirjam Ott won the women's world title last month.

- Armin Harder, the head of high performance with the Swiss Curling Association, expects attendance to pick up through the week.

ning. A manual head count revealed less than half that number.

At the midway point of the draw, there were 65 spectators on one side and 158 fans

Quoted

"It gets you excited, you get goosebumps when people are cheering and it definitely kind of gets you in the game a little bit."

Canadian skip Glenn Howard, on the contrast in attendance between the world championships in Switzerland and last month's Brier in Saskatoon.

on the other. A total of 77 fans took in the action from the grandstand and 34 fans sat at the VIP tables.

Add it up for a grand total of 334 spectators.

To be fair, only two of the four sheets were in action, the host side was idle and the picturesque city of Basel was bathed in spring sunshine.

But when a similar draw was played last month at the women's world championships in Lethbridge — a two-game draw with the host side idle — more than 1,900 fans took in the action.

"We played in Saskatoon and the crowd was absolutely crazy," Howard said. "Obviously not so much for us but it was really loud and it does get the adrenalin pumping."

After opening the competition with a win over France, Howard crushed Germany's John Jahr 9-2 in six ends before edging American Heath McCormick 8-7 in the evening game.

Howard hit a draw to the four-foot in the 10th end to win it.

"You just divorce yourself from the outcome, just throw a quality curling shot and good things will happen," Howard said. "I was pleased. We played really well that game."

THE CANADIAN PRESS

MLB

Mended Johan Santana is Mets opening day starter

After a spring full of injury-related news, finally some relief for the New York Mets: Johan Santana will start on opening day.

The left-hander, returning from shoulder surgery performed in September 2010, met with manager Terry Collins Sunday. Collins announced Santana was set to pitch against the Atlanta Braves.

"It means that everything we've done from surgery to today has paid off," Santana said.

THE ASSOCIATED PRESS

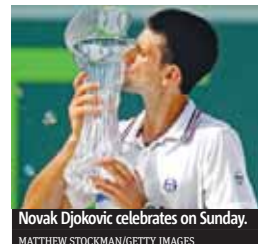
ATP tennis. Djokovic dominates Murray as he picks up another title

Top-ranked Novak Djokovic won his third Sony Ericsson Open title Sunday, holding every service game to beat Andy Murray 6-1, 7-6 (5) in Key Biscayne, Fla.

Djokovic also won in 2007 and last year. Only six-time champion Andre Agassi won more men's titles.

Djokovic didn't lose a set in six rounds, and saved 25 of 30 break points against him.

He improved to 20-2 this year and 90-8 since the start of 2011. He has won five Grand Slam titles, including the past three in a row.



Novak Djokovic celebrates on Sunday.
MATTHEW STOCKMAN/GETTY IMAGES

Now begins the clay season culminating with the French Open, the only major event Djokovic has yet to win.

THE ASSOCIATED PRESS

4 SPORTS

Quoted

"It's worse than being disappointed. We never got the job done. The last eight games, nine games now, you win one game in regulation. It's not going to be good enough. We didn't play as well as we needed to down the stretch."

Calgary head coach Brent Sutter after the slumping Flames were officially eliminated from the post-season race Saturday as they dropped a 3-2 decision in overtime to the Vancouver Canucks. It marks a third straight year out of the playoffs for the Flames

"I ran into a drought, a lot of us ran into a drought and we didn't get any goal support. Unfortunately, we all went cold at the same time."

Flames captain Jarome Iginla

On the web



The Canadian women's hockey team is looking to reclaim gold-medal glory in Vermont this week at the world hockey championship after a heartbreaking overtime loss to the U.S. in last year's final in Zurich. The roster, named Sunday, includes 13 players from the 2010 Olympic team that defeated the Americans 2-0 for gold in Vancouver. Scan the code for the story.

NATIONAL HOCKEY LEAGUE

EASTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
dx-NY Rangers	79	50	22	2	5	218	175	107	27-11-0-2	23-11-2-3	6-4-0-0	L1
dx-Boston	79	47	28	1	3	259	193	98	23-13-1-2	24-15-0-1	7-2-0-1	W2
d-Florida	79	37	25	6	11	193	217	91	20-9-1-9	17-16-5-2	4-2-1-3	L3
x-Pittsburgh	79	48	25	3	3	268	214	102	27-10-2-0	21-15-1-3	5-4-1-0	L1
x-Philadelphia	79	46	24	2	7	257	222	101	21-12-1-5	25-12-1-2	6-2-0-2	W1
x-New Jersey	79	45	28	2	4	219	205	96	22-13-0-4	23-15-2-0	5-4-0-1	W3
x-Ottawa	79	41	28	6	4	245	231	92	20-15-2-2	21-13-4-2	5-3-0-2	W4
Washington	79	40	31	4	4	212	223	88	25-11-2-2	15-20-2-2	5-3-1-1	W2
Buffalo	79	38	31	4	6	208	219	86	20-12-3-5	18-19-1-1	6-2-0-2	L2
Winnipeg	79	36	34	5	4	213	233	81	23-13-1-3	18-21-4-1	4-5-1-0	L1
Tampa Bay	78	36	35	4	3	223	268	79	24-14-1-1	12-21-3-2	5-5-0-0	W1
Carolina	79	31	32	10	6	208	237	78	19-14-2-5	12-18-8-1	5-5-0-0	L2
Toronto	79	34	36	4	5	222	252	77	17-16-3-4	17-20-1-1	4-5-0-1	W1
NY Islanders	79	33	35	7	4	194	241	77	16-18-5-1	17-17-3-2	6-3-0-1	L2
Montreal	79	29	35	4	11	202	221	73	14-15-2-8	15-20-2-3	2-3-3-2	L4

WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
y-Vancouver	79	49	21	2	7	239	191	107	25-10-0-4	24-11-3-2	7-2-1-0	W6
d-St. Louis	79	48	21	1	9	204	156	106	30-15-1-3	18-16-0-6	4-3-0-3	L2
d-Los Angeles	79	39	27	5	8	185	170	91	21-14-0-4	18-13-5-4	8-2-0-0	L1
x-Detroit	79	47	27	3	2	242	196	99	31-6-1-1	16-21-2-1	3-5-2-0	W1
x-Nashville	79	45	26	3	5	227	208	98	24-10-2-3	21-16-1-2	4-5-0-1	L1
x-Chicago	80	44	26	4	6	244	234	98	27-9-1-5	17-18-3-1	7-1-0-2	L1
Phoenix	79	39	27	3	10	206	202	91	21-14-2-4	18-14-1-6	5-2-0-3	W2
San Jose	79	40	29	5	5	214	201	90	25-12-2-1	15-17-3-4	6-4-0-0	W1
Dallas	79	42	32	1	4	207	212	89	22-14-0-3	20-18-1-1	4-6-0-0	L2
Colorado	80	41	33	4	2	205	209	88	22-15-1-1	19-18-3-1	5-3-1-1	W1
Calgary	80	35	29	7	9	194	222	86	21-12-1-5	14-17-6-4	2-3-3-2	L3
Minnesota	79	34	35	2	8	173	219	78	19-14-3-3	15-19-1-5	5-5-0-0	W3
Anaheim	79	33	35	5	6	195	219	77	21-18-2-0	12-17-3-6	4-5-1-0	L2
Edmonton	79	32	38	3	6	210	231	73	18-17-2-3	14-21-1-3	6-2-1-1	W1
Columbus	79	27	45	2	5	190	255	61	16-21-1-2	11-24-1-3	5-5-0-0	W3

x — clinched playoff berth; d — division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

Yesterday's results

Edmonton 2 Anaheim 1
Ottawa 5 N.Y. Islanders 1
Minnesota 5 Chicago 4 (SO)
Philadelphia 6 Pittsburgh 4
Detroit 2 Florida 1 (SO)
Boston 2 N.Y. Rangers 1

Saturday's results

Toronto 4 Buffalo 3
Vancouver 3 Calgary 2 (OT)
Ottawa 4 Philadelphia 3 (SO)
Tampa Bay 3 Winnipeg 2 (OT)
Washington 3 Montreal 2 (SO)

Boston 6 N.Y. Islanders 3
New Jersey 5 Carolina 0
Chicago 5 Nashville 4

Columbus 5 St. Louis 2
Minnesota 4 Los Angeles 3 (SO)
Phoenix 4 Anaheim 0

Tonight's games

All times Eastern

Washington at Tampa Bay, 7 p.m.
Edmonton at Los Angeles, 10:30 p.m.

Tomorrow's games

Toronto at Buffalo, 7 p.m.
N.Y. Islanders at New Jersey, 7 p.m.
N.Y. Rangers at Philadelphia, 7 p.m.
Pittsburgh at Boston, 7:30 p.m.
Carolina at Ottawa, 7:30 p.m.
Winnipeg at Florida, 7:30 p.m.
Minnesota at Nashville, 8 p.m.
San Jose at Dallas, 8:30 p.m.
Anaheim at Vancouver, 10 p.m.
Columbus at Phoenix, 10 p.m.

TENNIS

ATP-WTA

SONY ERICSSON OPEN

At Key Biscayne, Fla.

Yesterday's result

Men's Singles — Final

Novak Djokovic (1), Serbia, def. Andy Murray (4), Britain, 6-1, 7-6 (5).

Saturday's results

Women's Singles — Final

Agnieszka Radwanska (5), Poland, def. Maria Sharapova (2), Russia, 7-5, 6-4.

Men's Doubles — Final

Leander Paes, India, & Radek Stepanek (7), Czech Rep., def. Max Mirnyi, Belarus, & Daniel Nestor (2), Toronto, 3-6, 6-1, 10-8 tiebreak.

FIGURE SKATING

WORLD CHAMPIONSHIPS

At Nice, France

Saturday's results

MEN

1. Patrick Chan, Toronto, 176.70 points.

2. Yuzuru Hanyu, Japan, 173.99.

3. Daisuke Takahashi, Japan, 173.94.

Also

13. Kevin Reynolds, Coquitlam, B.C., 144.25.

Final Standings

1. Patrick Chan, Toronto, 266.11 points.

2. Daisuke Takahashi, Japan, 259.66.

3. Yuzuru Hanyu, Japan, 251.06.

WOMEN

1. Carolina Kostner, Italy, 128.94 points.

2. Akiko Suzuki, Japan, 121.30.

3. Ashley Wagner, United States, 120.35.

Also

16. Amelie Lacoste, Delson, Que., 138.60.

Final Standings

1. Carolina Kostner, Italy, 189.94.

2. Alena Leonova, Russia, 184.28.

3. Akiko Suzuki, Japan, 180.68.

CURLING

MEN'S WORLD CHAMPIONSHIP

At Basel, Switzerland

ROUND-ROBIN STANDINGS

Country (skip)

Canada (G.Howard)

Sweden (Edin)

China (Liu)

Denmark (Stjerne)

France (Dufour)

Scotland (Brewster)

Czech Rep. (J.Nitil)

Germany (Jahr)

New Zealand (de Boer)

Norway (Ulsrud)

Switzerland (Mueller)

U.S. (McCormick)

0 3

Yesterday's results

Third Draw

Canada 9 Germany 2

France 8 U.S. 6

Fourth Draw

Czech Republic 5 Switzerland 3

Denmark 9 Scotland 7

New Zealand 7 Norway 4

Sweden 7 China 6

Fifth Draw

Canada 8 U.S. 7

France 6 Germany 5

China 7 Switzerland 4

Sweden 8 Czech Republic 5

LACROSSE

NLL

EAST DIVISION

	GP	W	L	Pct.	GF	GA	GB
Philadelphia	12	7	5	.583	143	153	—
Toronto	12	6	6	.500	146	145	1
Rochester	12	5	7	.417	145	149	2
Buffalo	12	4	8	.333	142	161	3

WEST DIVISION

	GP	W	L	Pct.	GF	GA	GB
x-Colorado	13	10	3	.769	174	159	—
x-Calgary	13	10	3	.769	180	136	—
Minnesota	12	5	7	.417	144	149	4½
Edmonton	11	4	7	.364	117	123	5
Washington	13	4	9	.308	141	157	6

WEEK 13

Saturday's results

Toronto 15 Buffalo 9

Calgary 13 Washington 11

Edmonton 9 Minnesota 8 (OT)

Colorado 16 Rochester 12

WEEK 14

Friday's games

All times Eastern

Minnesota at Philadelphia, 7 p.m.

Rochester at Calgary, 9 p.m.

Saturday, April 7

Edmonton at Toronto, 7 p.m.

Philadelphia at Buffalo, 7:30 p.m.

SOCCER

MLS

EASTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt
Kansas City	4	4	0	0	7	1	12
New York	4	2	2	0	10	7	6
Columbus	3	2	1	0	3	2	6
Houston	3	2	1	0	2	2	6
New England	4	2	2	0	4	5	6
Chicago	3	1	1	1	2	3	4
D.C. United	4	1	2	1	5	5	4
Philadelphia	4	0	3	1	2	6	1
Montreal	4	0	3	1	3	10	1
Toronto	3	0	3	0	1	7	0

WESTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt
Salt Lake	4	3	1	0	8	4	9
San Jose	4	3	1	0	5	1	9
Colorado	4	3	1	0	7	5	9
Vancouver	4	2	2	0	3	0	8
Seattle	3	2	1	0	5	2	6
Portland	4	1	2	1	6	6	4
Dallas	4	1	2	1	5	8	4
Los Angeles	3	1	2	0	5	7	3
Chivas USA	4	1	3	0	1	3	3

Note: Three points for a win, one for a tie.

Last night's results

Colorado 2 Chicago 0

Kansas City 1 Chivas USA 0

Saturday's results

Vancouver 0 Philadelphia 0

Columbus 1 Toronto 0

New York 5 Montreal 2

Salt Lake 3 Portland 2

San Jose 1 Seattle 0

New England 3 Los Angeles 1

Wednesday's game

All times Eastern

Montreal at Salt Lake, 9 p.m.

Thursday's game

New England at Dallas, 8:30 p.m.

Saturday, April 7

Toronto at Montreal, 12 p.m.

New York at Columbus, 3 p.m.

Los Angeles at Kansas City, 4 p.m.

Vancouver at San Jose, 7 p.m.

Seattle at D.C. United, 7:30 p.m.

Colorado at Real Salt Lake, 9 p.m.

Chivas USA at Portland, 10:30 p.m.

MLB

SPRING TRAINING

AMERICAN LEAGUE

	W	L	Pct
Toronto	23	6	.793
Oakland	14	5	.737
Detroit	19	7	.731
Seattle	14	8	.636
Los Angeles	17	11	.607
New York	16	11	.593
Milwaukee	18	14	.563
Boston	14	11	.560
Kansas City	15	15	.500
Baltimore	11	13	.458
Chicago	13	17	.433
Texas	12	17	.414
Tampa Bay	9	16	.360
Cleveland	7	21	.250

NATIONAL LEAGUE

	W	L	Pct
St. Louis	16	9	.640
San Diego	19	15	.559
Colorado	16	13	.552
San Francisco	16	14	.533
Los Angeles	14	13	.519
Milwaukee	14	14	.500
Chicago	15	16	.484
Houston	14	16	.467
Miami	11	13	.458
Cincinnati	14	17	.452
Washington	12	15	.444
Arizona	13	17	.433
Philadelphia	12	16	.429
Atlanta	10	17	.370
Pittsburgh	9	18	.333
New York	7	19	.269

Note: Split-squad games count in the standings; games against non-MLB teams do not.

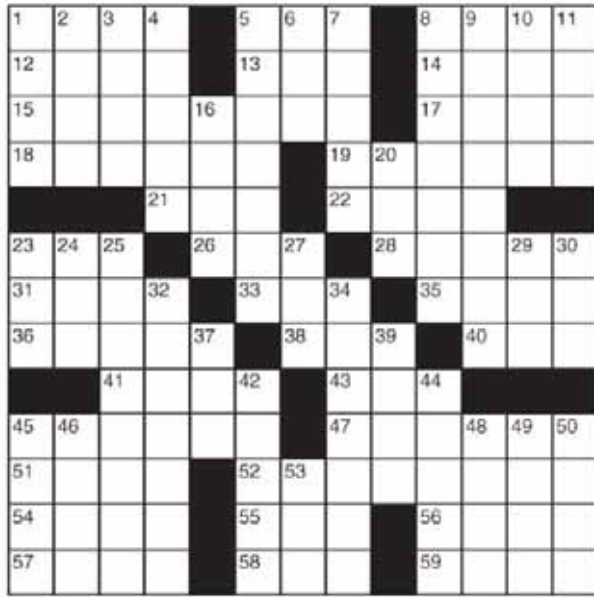
Crossword

Across

- 1 Air pollution
5 Shade provider
8 Mid-month date
12 Staffer
13 Grass-skirt accessory
14 Castle protector
15 Likely loser
17 Taj Mahal city
18 Rent payer
19 Much
21 Listener
22 Small combo
23 Mrs. O'Leary's troublemaker
26 Thickness
28 Coach Rockne
31 Quid pro quo
33 "Undeniably"
35 Birthright barterer
36 Prelude
38 Spigot
40 Blunder
41 Cornfield commentaries
43 Be a couch potato
45 For some time
47 Eagles' nests
51 Auction offers
52 Li'l Abner's hometown
54 Lotion additive
55 Before
56 Antitoxins
57 Pleads
58 Scarlet
59 Cockily confident

Down

- 1 Author Bellow
2 Greedy one's call
3 Probability
4 Gaggle members
5 On in years
6 Zodiac sign
7 Power
8 John Lennon

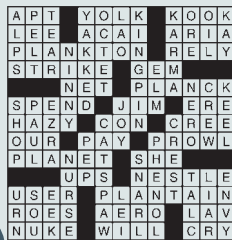


- song
9 Place of disfavor
10 "My Name Is —"
11 Remain
16 Harvest
20 Annoy
23 Marg Helgenberger series
24 "My — Private Idaho"
25 Guardian
27 Nevertheless
29 Pitch
30 A cont.
32 Lauds
34 Attacked brutally
37 Pussycat's partner
39 Incubator noise

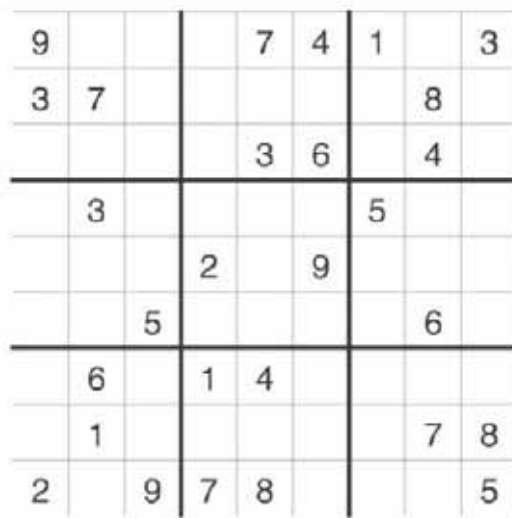
- 42 Passover dinner
44 Lawn
45 Quatrain rhyme scheme
46 — E. Coyote
48 Particular
49 Beige
50 Rug type

For today's crossword answers and for expanded horoscopes, go to metronews.ca

Friday's answer



Sudoku



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Friday's answer



Weather

MONDAY



MAX: 11°
MIN: -4°

TUESDAY



MAX: 14°
MIN: 1°

WEDNESDAY



MAX: 8°
MIN: 2°



ANDREW SCHULTZ
WEATHER SPECIALIST

"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta".
WEEKDAYS 5:30 AM



Horoscope

Aries | March 21 - April 20.

You don't have to make a big display of your emotions.

Taurus | April 21 - May 21.

You must not allow other people, no matter how well meaning, to poke their noses into your affairs.

Gemini | May 22 - June 20.

You may not have got as far with something as you would have liked over the past few weeks but the important thing is that you have made a start.

Cancer | June 21 - July 22.

If you spend too much time weighing up the pros and cons of an offer today someone of a more instinctive nature could beat you to a prize that should have been yours.

Leo | July 23 - Aug. 22.

A minor battle may hardly seem worth the effort today but it's good practice because soon you will have to fight for something a lot more important.

Virgo | Aug. 23 - Sept. 22.

Don't dwell on the past today or you could miss out on a wonderful future.

Libra | Sept. 23 - Oct. 22. Your rivals and enemies are not as tough as they look.

Scorpio | Oct. 23 - Nov. 21.

Don't let other people drag you down with their negative attitudes today.

Sagittarius | Nov. 22 - Dec. 21.

According to the planets a friend or relative has something

important to reveal, but they may be reluctant to bring up the subject. Be patient and encourage them to tell what they know.

Capricorn | Dec. 22 - Jan 20.

You like a challenge but that is no reason to make life hard for yourself.

Aquarius | Jan. 21 - Feb 18.

Don't concern yourself too much with what other people say or do today. Put on your smiley face and don't let anyone or anything get you down.

Pisces | Feb. 19 - March 20.

A little bit of humour will go a long way today, especially if you have been too serious of late.

SALLY BROMPTON

Win!



You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.



Caption Contest

"Are you sure you don't want me to use a nail clipper?"

Erica

FRANK AUGSTEIN/THE ASSOCIATED PRESS

MADE FOR YOU

IN CALGARY'S MOST DESIRED COMMUNITIES



CRYSTAL CREEK
HOMES

crystalcreekhomes.ca

Free time just got sweeter.



Enjoy a sweet HD PVR and HD digital box rental,
plus an HP laptop.



All 3 are FREE when you sign up for Optik™ TV and Internet
on a 3 year term* for only \$40/month† for the first 6 months.

Call 310-MYTV (6988). Go to telus.com/optik.
Or visit an authorized dealer.

 **TELUS**
the future is friendly®

TELUS AUTHORIZED DEALERS

Northwest

Beacon Hill Centre
Dalhousie Station
Market Mall
North Hill Centre
Northland Village Mall
822 Crowfoot Cres. NW
207 14th St. NW

Northeast

Country Hills Town Centre
CrossIron Mills
Deerfoot Mall
Marlborough Mall
Pacific Place
Sunridge Mall
2520 23rd St. NE
2000 McKnight Blvd. NE
323 - 2555 32nd St. NE
1353 32nd Ave. NE

Southwest

Bankers Hall
Bow Valley Square
Chinook Centre
Southcentre Mall
TD Square
Westbrook Mall
Westhills Towne Centre
6039 Centre St. S
1708 8th St. SW
16061 MacLeod Trail S
6100 MacLeod Trail S
4623 Bow Trail SW
321 6th Ave. SW
2008 33rd Ave. SW

Southeast

Dragon City Mall
Quarry Park
TELUS Convention Centre
33 Heritage Meadows Way SE
3012 17th Ave. SE
1288 42nd Ave. SE
7845 Flint Rd. SE
4410 50th Ave. SE
8500 Macleod Trail SE
5222 130th Ave. SE

Airdrie

2145 Summerfield Blvd.

Strathmore

55 Wheatland Trail
331 3rd Ave.

Okotoks

31 Southridge Dr.
118 Elizabeth St.

Offers available until May 22, 2012, to new TELUS residential clients on a 3 year TELUS TV and Internet service agreement who have not subscribed to TELUS TV or Internet service in the past 90 days. Final eligibility will be determined by a TELUS representative at point of installation. Minimum system requirements apply. Current PVR and digital box rental rates will apply at the end of the 3 year term. *A cancellation fee applies for early termination of the service agreement and will be \$10 for TV services and \$15 for Internet services, multiplied by the number of months remaining in the term. PVR and digital box must be returned upon cancellation of service. Manufacturer's suggested retail price of the HP Pavilion g6 laptop is \$569.99. TELUS and Hewlett-Packard Development Company, L.P. reserve the right to substitute an equivalent or better laptop without notice. †Includes the Essentials, required for all Optik TV subscriptions, and Optik High Speed Internet service. Regular bundle rate of \$65/month starts on month 7. TELUS, the TELUS logo, Optik, Optik TV, Optik Internet and the future is friendly are trademarks of TELUS Corporation, used under licence. © 2012 TELUS.